

**FIBER TABS- calcium polycarbophil tablet, film coated**  
**Major Pharmaceuticals**

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**0339-Major**

***Drug Facts***

**ACTIVE INGREDIENT (IN EACH TABLET)**

Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil

**PURPOSE**

Bulk-forming fiber laxative

***USES***

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 12 to 72 hours

**Choking Warning:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

**Ask a doctor before use if you have**

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks

**Ask a doctor or pharmacist before use if you are**

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

**When using this product**

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 tablets in a 24 hour period unless directed by a doctor

**Stop use and ask a doctor if**

you fail to have a bowel movement after use or have rectal bleeding. These could be signs of a serious condition

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

***DIRECTIONS***

**Take this product with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. (See choking**

**warning).** Do not take more than 4 doses in 24 hours

- **adults & children over 12 years of age:** take 2 tablets 1 to 4 times a day
- **children under 12 years of age:** consult a physician

***Other information***

- **each tablet contains:** calcium 140 mg
- do not use if printed seal under cap is torn or missing
- store in a dry place at 15° – 30°C (59° – 86°F)
- protect contents from moisture

caramel, crospovidone, hypromellose, magnesium silicate, magnesium stearate, microcrystalline cellulose, mineral oil, polyethylene glycol, silica, sodium lauryl sulfate and stearic acid

***QUESTIONS OR COMMENTS?***

**(800) 231-4670**

\*This product is not manufactured or distributed by GlaxoSmithKline Consumer Healthcare Holdings (US) LLC, owner of the registered trademark FiberCon®

Distributed by: MAJOR® PHARMACEUTICALS  
Indianapolis, IN 46268

[www.majorpharmaceuticals.com](http://www.majorpharmaceuticals.com)

(800) 616-2471

**PRINCIPAL DISPLAY PANEL**

NDC 0904-2500-91

MAJOR

**Fiber-Tabs**

Bulk-Forming Laxative

Calcium Polycarbophil 625 mg

Fiber Therapy for Regularity

\*Compare to the active ingredient in FiberCon®

**90 Tablets**

Re-Order No.  
700235

3 000425000 3


MAJOR<sup>®</sup>

NDC:0904-2500-91

**Fiber-Tabs**  
Bulk-Forming Laxative  
Calcium Polycarbophil 625 mg

Fiber Therapy  
for Regularity

\*Compare to the  
active ingredient  
in FiberCon®

  
ACTUAL SIZE

**90 Tablets**

**WARNING:** This product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**Drug Facts**

**Active ingredient (in each tablet)**  
Calcium polycarbophil 625 mg  
(equivalent to polycarbophil 500 mg)

**Purpose**  
Bulk-forming laxative

**Uses**  
• relieves occasional constipation (irregularity)  
• generally produces bowel movement in 12 to 72 hours

**Warnings**  
Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing, if you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have  
• abdominal pain, nausea, or vomiting • a sudden change in bowel habits that persists over a period of 2 weeks

Ask a doctor or pharmacist before use if you are taking any other drug. Take Fiber-Tabs two or more hours before or after other drugs. All laxatives may affect how other drugs work.

When using this product • do not use for more than 7 days unless directed by a doctor • do not take more than 8 tablets in a 24-hour period unless directed by a doctor

Stop use and ask a doctor if • you fail to have a bowel movement after use or have rectal bleeding. These could be signs of a serious condition.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**  
• take this product (child or adult dose) with a full glass of water (8oz.), or other fluid. Taking this product without enough liquid may cause choking. See choking warning.  
adults and children 12 years and over 2 tablets, 1 to 4 times per day  
children under 12 years ask a doctor

**Other information**  
• each tablet contains: calcium 140 mg • do not use if printed seal under cap is torn or missing • store in a dry place at 15° – 30°C (59° – 86°F)  
• protect contents from moisture

**Inactive Ingredients** Caramel, crospovidone, hypromellose, magnesium stearate, magnesium stearate, microcrystalline cellulose, mineral oil, polyethylene glycol, silica, sodium lauryl sulfate and stearic acid

**Questions or comments?** (800) 231-4670

This product is not manufactured or distributed by GlaxoSmithKline Pharmaceuticals. Reseller Holdings (RS) LLC, owner of the registered trademark Fiber-Tabs®.  
[www.majorpharmaceuticals.com](http://www.majorpharmaceuticals.com) (800) 616-2471  
M-29 R57765  
Indrapolis, IN 46268  
Lot / Exp. Date:

## FIBER TABS

calcium polycarbophil tablet, film coated

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0904-2500
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>CALCIUM POLYCARBOPHIL</b> (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII: W25LM17A4W)	CALCIUM POLYCARBOPHIL	625 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>CARAMEL</b> (UNII: T9D99G2B1R)	
<b>CELLULOSE, MICROCRYSTALLINE</b> (UNII: OP1R32D61U)	
<b>CROSPVIDONE</b> (UNII: 2S7830E561)	
<b>HYPROMELLOSES</b> (UNII: 3NXW29V3WO)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>POLYETHYLENE GLYCOL 400</b> (UNII: B697894SGQ)	
<b>SODIUM LAURYL SULFATE</b> (UNII: 368GB5141J)	
<b>TALC</b> (UNII: 7SEV7J4R1U)	
<b>LIGHT MINERAL OIL</b> (UNII: N6K5787QVP)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	

### Product Characteristics

Color	white (Off white)	Score	2 pieces
Shape	OVAL	Size	19mm
Flavor		Imprint Code	CPC;339

**Contains****Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0904-2500-91	90 in 1 BOTTLE; Type 0: Not a Combination Product	09/01/2010	

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	09/01/2010	

**Labeler** - Major Pharmaceuticals (191427277)

Revised: 12/2023

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