

**ACETAMINOPHEN PM EXTRA STRENGTH- acetaminophen, diphenhydramine  
hcl tablet, coated  
United Natural Foods, Inc. dba UNFI**

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**Equaline 44-556**

***Active ingredients (in each gelcap)***

Acetaminophen 500 mg  
Diphenhydramine HCl 25 mg

***Purpose***

Pain reliever  
Nighttime sleep-aid

***Uses***

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

***Warnings***

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

***Do not use***

- in children under 12 years of age
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- if you have ever had an allergic to this product or any of its ingredients

***Ask a doctor before use if you have***

- a breathing problem such as emphysema or chronic bronchitis

- liver disease
- difficulty in urination due to enlargement of the prostate gland
- glaucoma

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

**When using this product**

- drowsiness will occur
- avoid alcoholic beverages
- do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

***Directions***

- **do not take more than directed**
- adults and children 12 years and over
  - take 2 gelcaps at bedtime
  - do not take more than 2 gelcaps of this product in 24 hours
- children under 12 years: do not use

***Other information***

- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number
- avoid high humidity

***Inactive ingredients***

ammonium hydroxide, colloidal silicon dioxide, croscarmellose sodium, FD&C blue #1,

FD&C red #3, gelatin, hydroxypropyl cellulose, hypromellose, iron oxide black, iron oxide red, iron oxide yellow, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, propylene glycol, shellac glaze, simethicone, stearic acid, titanium dioxide

***Questions or comments?***

**1-855-423-2630**

**Principal Display Panel**

**EQUALINE®**

**compare to**  
**Extra Strength Tylenol® PM**  
active ingredients\*

NDC 41163-956-09

extra strength  
**acetaminophen PM** gelcaps  
acetaminophen 500 mg  
diphenhydramine HCl 25 mg  
*pain reliever/nighttime sleep aid*

**20** gelcaps

actual size

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED  
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

\*This product is not manufactured or distributed by  
Johnson & Johnson Corporation, owner of the  
registered trademark Extra Strength Tylenol® PM.

**100 % *Quality*  
GUARANTEED**

**DISTRIBUTED BY UNFI  
PROVIDENCE, RI 02908 USA  
855-423-2630**

50844 REV0322H55609

# ACETAMINOPHEN PM EXTRA STRENGTH

acetaminophen, diphenhydramine hcl tablet, coated

Equaline 44-556

B2781

## Drug Facts (continued)

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
  - if you have ever had an allergic reaction to this product or any of its ingredients
  - Ask a doctor before use if you have**
    - a breathing problem such as emphysema or chronic bronchitis
    - liver disease
    - difficulty in urination due to enlargement of the prostate gland
    - glaucoma
  - Ask a doctor or pharmacist before use if you are**
    - taking the blood thinning drug warfarin
    - taking sedatives or tranquilizers
  - When using this product**
    - drowsiness will occur
    - avoid alcoholic beverages
    - do not drive a motor vehicle or operate machinery
  - Stop use and ask a doctor if**
    - sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
    - new symptoms occur
    - redness or swelling is present
    - pain gets worse or lasts more than 10 days
    - fever gets worse or lasts more than 3 days
- These could be signs of a serious condition.

## Drug Facts (continued)

- If pregnant or breast-feeding, ask a health professional before use.  
**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.
- Directions**
- do not take more than directed
  - adults and children 12 years and over
  - take 2 gelcaps at bedtime
  - do not take more than 2 gelcaps of this product in 24 hours
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- Other information**
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
  - avoid high humidity
  - see end flap for expiration date and lot number
- Inactive ingredients** ammonium hydroxide, colloidal silicon dioxide, croscarmellose sodium, FD&C blue #1, FD&C red #3, gelatin, hydroxypropyl cellulose, hypromellose, iron oxide black, iron oxide red, iron oxide yellow, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch.

20 gelcaps

actual size



**EQUALINE®**  
extra strength  
**acetaminophen PM gelcaps**  
acetaminophen 500 mg  
diphenhydramine HCl 25 mg  
pain reliever/nighttime sleep aid

compare to  
Extra Strength Tylenol® PM  
active ingredients\*  
NDC 41163-956-60

**Drug Facts (continued)**  
propylene glycol, shellac glaze, simethicone, stearic acid, titanium dioxide  
**Questions or comments?**  
1-855-423-2630  
\*This product is not manufactured or distributed by Johnson & Johnson Corporation, owner of the registered trademark Extra Strength Tylenol® PM.  
DISTRIBUTED BY UNFI  
PROVIDENCE, RI 02908 USA  
855-423-2630  
50844 REV0322H55609

**KEEP OUTER PACKAGE FOR COMPLETE PRODUCT INFORMATION**

**Drug Facts**  
**Active ingredients (in each gelcap)**  
Acetaminophen 500 mg ..... Pain reliever  
Diphenhydramine HCl 25 mg ..... Nighttime sleep-aid

**Uses** temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

**Warnings**  
**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take  
■ more than 4,000 mg of acetaminophen in 24 hours  
■ with other drugs containing acetaminophen  
■ 3 or more alcoholic drinks every day while using this product  
**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:  
■ skin reddening ■ blisters ■ rash  
If a skin reaction occurs, stop use and seek medical help right away.

**Do not use**  
■ with any other product containing diphenhydramine, even one used on skin  
■ in children under 12 years of age



TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

No Print/No Varnish  
Lot & Expiry Area

B-0019E-556-09-R  
REV0322H55609

Product Information				
Product Type		HUMAN OTC DRUG	Item Code (Source)	NDC:41163-956
Route of Administration		ORAL		
Active Ingredient/Active Moiety				
Ingredient Name			Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)			ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)			DIPHENHYDRAMINE HYDROCHLORIDE	25 mg
Inactive Ingredients				
Ingredient Name				Strength
AMMONIA (UNII: 5138Q19F1X)				
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)				
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)				
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)				
FD&C RED NO. 3 (UNII: PN2ZH5LOQY)				
GELATIN, UNSPECIFIED (UNII: 2G86QN327L)				
HYDROXYPROPYL CELLULOSE, UNSPECIFIED (UNII: 9XZ8H6N6OH)				
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)				
FERROSOFERRIC OXIDE (UNII: XM0M87F357)				
FERRIC OXIDE RED (UNII: 1K09F3G675)				
FERRIC OXIDE YELLOW (UNII: EX438O2MRT)				
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)				
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)				
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)				
STARCH, CORN (UNII: O8232NY3SJ)				
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)				
SHELLAC (UNII: 46N107B71O)				
STEARIC ACID (UNII: 4ELV7Z65AP)				
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)				
Product Characteristics				
Color	blue (Light) , blue (Dark)		Score	no score
Shape	OVAL		Size	20mm
Flavor			Imprint Code	L;6
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41163-956-09	1 in 1 CARTON	12/17/2007	
1		20 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
	NDC:41163			

2	NDC:41163-956-10	1 in 1 CARTON	12/17/2007	03/08/2021
2		40 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
3	NDC:41163-956-31	1 in 1 CARTON	12/17/2007	03/17/2018
3		80 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	12/17/2007	

**Labeler** - United Natural Foods, Inc. dba UNFI (943556183)

### Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	manufacture(41163-956) , pack(41163-956)

### Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(41163-956)

### Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(41163-956)

### Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	manufacture(41163-956)

### Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	pack(41163-956)