

**PAIN RELIEF EXTRA STRENGTH, COOLING- menthol, unspecified form gel  
J.R. Watkins, LLC.**

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**Pain Relief Gel  
Extra Strength, Cooling**

**Drug Facts**

**Active Ingredient**

Menthol 6%

**Purpose**

Topical Analgesic

**Uses**

For the temporary relief of minor aches and pains of muscles and joints associated with

- simple backache
- arthritis
- strains
- bruises
- sprains

**Warnings**

**For external use only.**

**Flammable:**Keep away from fire or flame and heated surfaces.

**Do not use**

- On open wounds, damaged or irritated skin
- With a heating pad or TENS device
- With any other creams, ointments, sprays, liniments, or other topical products containing menthol

**When using this product**

- Do not bandage tightly
- Use only as directed
- Avoid contact with eyes or mucous membranes

**Stop use and ask a doctor if**

- Condition worsens
- Rash, itching, redness, or excessive irritation of skin develops
- Symptoms persist for more than 7 days
- Symptoms clear up and occur again within a few days

## **If pregnant or breastfeeding**

Ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

## **Directions**

- Adults and children 12 years of age and older:
- Apply to affected area not more 4 times a day
- Massage painful area until absorbed into skin
- Wash hands after each use with cold water
- Children under 12 years of age: consult a doctor.

## **Other information**

- Store away from children
- Store in dry, well-ventilated conditions at room temperature (59-77°F)

## **Inactive ingredients**

Aloe barbadensis leaf extract, Arnica montana flower extract, carbomer homopolymer type C (allyl pentaerythritol crosslinked), denatured alcohol, ethylhexylglycerin, glycerin, Melaleuca alternifolia (tea tree) leaf oil, organic Ilex paraguariensis (yerba mate) leaf, phenoxyethanol, propylene glycol, triethanolamine, tocopheryl acetate (vitamin E), water

## **Questions or Comments?**

J.R WATKINS, LLC  
OAKLAND, CA 94612  
1-888-384-1945  
**JRWATKINS.COM**

## **PRINCIPAL DISPLAY PANEL - 113 g Tube Label**

EXTRA STRENGTH\*

ESTD 1868

J.R.  
WATKINS  
REMEDIES FOR BODY™

COOLING

PAIN RELIEF  
GEL

WITH NATURAL MENTHOL,  
ARNICA & VITAMIN E

FAST-ACTING  
MENTHOL PAIN RELIEF  
FOR BACKACHES,  
SORE MUSCLES,  
& JOINT PAIN

USED BY  
ATHLETES

NO-MESS APPLICATOR

Net wt. 4.0 oz (113 g)

EXTRA STRENGTH\*

ESTD 1868  
**J.R. WATKINS**  
 REMEDIES FOR BODY™

**COOLING**  
**PAIN RELIEF**  
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WITH NATURAL MENTHOL,  
 ARNICA & VITAMIN E

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 MENTHOL PAIN RELIEF  
 FOR BACKACHES,  
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NO-MESS APPLICATOR

Net wt. 4.0 oz (113g)

FAST-ACTING MENTHOL PAIN RELIEF FOR  
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**Drug Facts**

| Active ingredient | Purpose           |
|-------------------|-------------------|
| Menthol 6%        | Topical Analgesic |

**Uses** For the temporary relief of minor aches and pains of muscles and joints associated with: • simple backache • arthritis • strains • bruises • sprains

**Warnings**

For external use only.

**Flammable:** Keep away from fire or flame and heated surfaces

**Do Not Use:** • On open wounds, damaged or irritated skin • With a heating pad or TENS device • With any other creams, ointments, sprays, liniments, or other topical products containing menthol

**When using this product:** • Do not bandage tightly • Use only as directed • Avoid contact with eyes or mucous membranes

**Stop use and ask a doctor if:** • Condition worsens • Rash, itching, redness, or excessive irritation of skin develops • Symptoms persist for more than 7 days • Symptoms clear up and occur again within a few days

**If pregnant or breastfeeding:** Ask a health professional before use.

**Keep out of reach of children:** If swallowed, get medical help or contact Poison Control Center right away.

**Directions** Adults and children 12 years of age and over: • Apply to affected area not more than 4 times a day • Massage painful area until absorbed into skin • Wash hands after each use with cold water  
 Children under 12 years of age: consult a doctor.

**Other Information:** • Store Away from Children • Store in dry, well ventilated conditions at room temperature (59-77F)

**Inactive ingredients** Aloe barbadensis leaf extract, Arnica montana flower extract, carbomer homopolymer type C (allyl pentaerythritol crosslinked), denatured alcohol, ethylhexylglycerin, glycerin, Melaleuca alternifolia (tea tree) oil, organic Ilex paraguariensis (yerba mate) leaf extract, phenoxyethanol, propylene glycol, triethanolamine, tocopheryl acetate (vitamin E), water.

\* Compared to J.R. Watkins 3% Cooling Gel

Questions or Comments?

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109044R1



**PAIN RELIEF EXTRA STRENGTH, COOLING**

menthol, unspecified form gel

**Product Information**

|                                |                |                           |               |
|--------------------------------|----------------|---------------------------|---------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:72342-110 |
| <b>Route of Administration</b> | TOPICAL        |                           |               |

**Active Ingredient/Active Moiety**

| <b>Ingredient Name</b>  | <b>Basis of Strength</b>  | <b>Strength</b> |
|---|---------------------------|-----------------|
| <b>MENTHOL, UNSPECIFIED FORM</b> (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A) | MENTHOL, UNSPECIFIED FORM | 6 g<br>in 100 g |

**Inactive Ingredients**

| <b>Ingredient Name</b>  | <b>Strength</b> |
|---|-----------------|
| <b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)  |                 |
| <b>ARNICA MONTANA FLOWER</b> (UNII: OZ0E5Y15PZ)   |                 |
| <b>CARBOMER HOMOPOLYMER TYPE C (ALLYL PENTAERYTHRITOL CROSSLINKED)</b> (UNII: 4Q93RCW27E) |                 |
| <b>ALCOHOL</b> (UNII: 3K9958V90M)   |                 |
| <b>ETHYLHEXYLGLYCERIN</b> (UNII: 147D247K3P)  |                 |
| <b>GLYCERIN</b> (UNII: PDC6A3C0OX)  |                 |
| <b>TEA TREE OIL</b> (UNII: VIF565UC2G)  |                 |
| <b>ILEX PARAGUARIENSIS LEAF</b> (UNII: 1Q953B4O4F)  |                 |
| <b>PHENOXYETHANOL</b> (UNII: HIE492ZZ3T)  |                 |
| <b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)  |                 |
| <b>TROLAMINE</b> (UNII: 9O3K93S3TK)   |                 |
| <b>.ALPHA.-TOCOPHEROL ACETATE</b> (UNII: 9E8X80D2L0)                                      |                 |
| <b>WATER</b> (UNII: 059QF0KO0R)   |                 |

**Packaging**

| <b>#</b> | <b>Item Code</b> | <b>Package Description</b>   | <b>Marketing Start Date</b> | <b>Marketing End Date</b> |
|----------|------------------|--|-----------------------------|---------------------------|
| 1        | NDC:72342-110-13 | 113 g in 1 TUBE, WTH APPLICATOR; Type 0: Not a Combination Product | 12/15/2020                  |                           |

**Marketing Information**

| <b>Marketing Category</b> | <b>Application Number or Monograph Citation</b> | <b>Marketing Start Date</b> | <b>Marketing End Date</b> |
|---------------------------|---|-----------------------------|---------------------------|
| OTC Monograph Drug        | M017  | 12/15/2020                  |                           |

**Labeler** - J.R. Watkins, LLC. (081071049)