

FIBER LAXATIVE- calcium polycarbophil tablet
Magno-Humphries, Inc.

Fiber Laxative

Drug Facts

Active ingredient (in each tablet)

Calcium polycarbophil 625 mg (Equivalent to 500 mg polycarbophil)

Purpose

Bulk-forming laxative

Uses

- relieves occasional constipation to help restore and maintain regularity
- this product generally produces bowel movement in 12 to 72 hours

Warnings

Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. **Choking:**

Ask a doctor before use if you have

- abdominal pain, nausea, or vomiting
- difficulty in swallowing
- a sudden change in bowel habits that persists over a period of 2 weeks

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

When using this product

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 tablets in a 24 hour period unless directed by a doctor

Stop use and ask a doctor if

- you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or swallowing
- you fail to have a bowel movement after use or have rectal bleeding. These could be signs of a serious condition.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- take this product (child or adult dose) with a full glass of water (8 oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning.
- dosage will vary according to diet, exercise, previous laxative use or severity of constipation
- continued use for 1 to 3 days is normally required to provide full benefit
- 2 tablets once a day up to 4 times a day **adults and children 12 years of age and over:**
- ask a doctor **children under 12 years of age:**

Other information

- calcium 135 mg **each tablet contains:**
- store at 20°-25°C (68°-77°F)
- protect contents from moisture

Inactive ingredients

calcium carbonate, caramel, colloidal silicon dioxide, crospovidone, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate.

Questions?

call toll-free 1-800-935-6737

Package Labeling:



• GENTLE ENOUGH TO USE EVERYDAY

• 270 mg of CALCIUM PER DOSE

• RELIEVES CONSTIPATION

FIBER LAXATIVE

CALCIUM POLYCARBOPHIL



Compare to the active ingredient in Fibercon®

NDC 54357-379-47

90 TABLETS

DO NOT USE IF PRINTED SEAL UNDER CAP IS MISSING OR DAMAGED

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Ask a doctor before use if you have

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- you fail to have a bowel movement after use

LIFT HERE

PEEL FOR DIRECTIONS

G7903-090-01-1

Drug Facts (continued)

or have rectal bleeding. These could be signs of a serious condition.

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*This product is not manufactured or distributed by the owner of the registered trademark Fibercon®

Distributed by: Magno-Humphries Labs Tigard, OR 97223 U.S.A.

Visit our website: www.magno-humphries.com

FIBER LAXATIVE

calcium polycarbophil tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:54257-379
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CALCIUM POLYCARBOPHIL (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII:W25LM17A4W)	CALCIUM POLYCARBOPHIL	625 mg

Inactive Ingredients

Ingredient Name	Strength
CALCIUM CARBONATE (UNII: H0G9379FGK)	
CARMEL (UNII: T9D99G2B1R)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSPVIDONE (UNII: 2S7830E561)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
SODIUM LAURYL SULFATE (UNII: 368GB5141J)	

Product Characteristics

Color	white (Off-white)	Score	no score
Shape	OVAL	Size	20mm
Flavor		Imprint Code	G147
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:54257-379-07	90 in 1 BOTTLE; Type 0: Not a Combination Product	01/24/2020	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	01/24/2020	

Revised: 10/2023

Magno-Humphries, Inc.