

**BETR SLEEP AID- diphenhydramine hydrochloride tablet, film coated**  
**Live Betr LLC**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

-----  
**Live Betr LLC Sleep Aid Drug Facts**

**Active ingredient (in each caplet)**

Diphenhydramine HCl 25 mg

**Purpose**

Nighttime sleep-aid

**Use**

for relief of occasional sleeplessness

**Warnings**

**Do not use**

- in children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers

**When using this product**

- avoid alcoholic drinks
- drowsiness may occur
- do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

**Directions**

adults and children 12 years and over	take 2 caplets at bedtime if needed, or as directed by a doctor
children under 12 years	do not use

**Other information**

- **each caplet contains:** calcium 15 mg
- store at 20-25°C (68-77°F). Avoid high humidity. Protect from light.
- **do not use if blister unit is broken or torn**

**Inactive ingredients**

carnauba wax, crospovidone, dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polysorbate 80, pregelatinized starch, stearic acid, titanium dioxide

**Questions or comments?**

**1-800-719-9260**

**Principal Display Panel**

Get Betr, Give Back.

Betr™

sleep aid

DIPHENHYDRAMINE HCl CAPLETS 25 mg

Actual Size

Nighttime Sleep Aid

- Relief Of Occasional Sleeplessness

48 CAPLETS



Access to medication for all, one purchase at a time.

# Betr™

Get Betr, Give Back.



# Betr™

## sleep aid

**DIPHENHYDRAMINE HCl  
CAPLETS 25 mg**

**Nighttime Sleep Aid**

- Relief Of Occasional Sleeplessness

Actual Size



**48 CAPLETS**

43167 CD C3

43167 CD C3

### Drug Facts

**Active ingredient (in each caplet)** Purpose  
Diphenhydramine HCl 25 mg.....Nighttime sleep-aid

**Use** for relief of occasional sleeplessness

### Warnings

- Do not use**
- in children under 12 years of age
  - with any other product containing diphenhydramine, even one used on skin

### Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers**

### When using this product

- avoid alcoholic drinks
- drowsiness may occur
- do not drive a motor vehicle or operate machinery

### Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding, ask a health professional before use.**

### Drug Facts (continued)

**Keep out of reach of children. Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

### Directions

adults and children 12 years and over	take 2 caplets at bed time if needed, or as directed by a doctor
children under 12 years	do not use

### Other information

- each caplet contains: calcium 15 mg
- store at 20-25 °C (68-77 °F). Avoid high humidity. Protect from light.
- do not use if blister unit is broken or torn

### Inactive ingredients

camouba wax, croscopolidone, dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyorbate 80, pregelatinized starch, stearyl acid, titanium dioxide

**Questions or comments? 1-800-719-9260**

**DO NOT USE IF BLISTER UNIT IS BROKEN OR TORN**

Distributed by Betr Remedies, LLC  
730 Arizona Ave  
Santa Monica, CA 90401  
www.betrremedies.com



GLUTEN FREE



## BETR SLEEP AID

diphenhydramine hydrochloride tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:80267-431
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>CARNAUBA WAX</b> (UNII: R12CBM0EIZ)	
<b>CROSPVIDONE (15 MPA.S AT 5%)</b> (UNII: 68401960MK)	
<b>DIBASIC CALCIUM PHOSPHATE DIHYDRATE</b> (UNII: O7TSZ97GEP)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C BLUE NO. 2</b> (UNII: L06K8R7DQK)	
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

### Product Characteristics

<b>Color</b>	BLUE (Light Blue)	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	11mm
<b>Flavor</b>		<b>Imprint Code</b>	L431
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
	NDC 80267-431			

1	NDC:80267-431-67	24 in 1 CARTON	01/25/2021	
1		2 in 1 BLISTER PACK; Type 0: Not a Combination Product		
<b>Marketing Information</b>				
<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>		<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC monograph final	part338		01/25/2021	

**Labeler - Live Betr LLC (117423281)**

Revised: 7/2022

Live Betr LLC