# METHENAMINE MANDELATE- methenamine mandelate tablet, film coated Chartwell RX, LLC

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

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# Methenamine Mandelate Tablets, USP

# **Rx Only**

## **DESCRIPTION**

Methenamine mandelate, a urinary antibacterial agent, is the chemical combination of mandelic acid with methenamine. Methenamine mandelate is available for oral use as film-coated tablets.

Methenamine mandelate tablets contain 500 mg and 1000 mg (1 g) methenamine mandelate and the following inactive ingredients: croscarmellose sodium, FD&C blue #2 aluminum lake, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, silicon dioxide, talc and titanium dioxide.

## **CLINICAL PHARMACOLOGY**

Methenamine mandelate is readily absorbed but remains essentially inactive until it is excreted by the kidneys and concentrated in the urine. An acid urine is essential for antibacterial action, with maximum efficacy occurring at pH 5.5 or less. In an acid urine, mandelic acid exerts its antibacterial action and also contributes to the acidification of the urine. Mandelic acid is excreted both by glomerular filtration and tubular excretion. The methenamine component is hydrolyzed in acid urine to ammonia and to the bactericidal agent formaldehyde.

Proportionally less formaldehyde is released as urinary pH approaches 6.0 and insufficient quantities are released above this level for therapeutic response. There is equally effective antibacterial activity against both gram-positive and gram-negative organisms, since the antibacterial action of mandelic acid and formaldehyde is nonspecific. There are reports that methenamine mandelate is ineffective in some infections with *Proteus vulgaris* and urea-splitting strains of *Pseudomonas aeruginosa* and *A. aerogenes*. Since urea-splitting strains may raise the pH of the urine, particular attention to supplementary acidification with agents such as ascorbic acid, and urinary pH monitoring is required. However, results in any single case will depend to a large extent on the underlying pathology and the overall management.

## INDICATIONS AND USAGE

Methenamine mandelate is indicated for the suppression or elimination of bacteriuria associated with pyelonephritis, cystitis, and other chronic urinary tract infections; also

those neurologic diseases leading to an infected residual urine. When used as recommended, methenamine mandelate is particularly suitable for long-term therapy because of its safety and because resistance to the nonspecific bactericidal action of formaldehyde does not develop. Pathogens resistant to other antibacterial agents may respond to methenamine mandelate because of the nonspecific effect of formaldehyde formed in an acid urine.

**Prophylactic Use Rationale:** Urine is a good culture medium for many urinary pathogens. Inoculation by a few organisms (relapse or reinfection) may lead to bacteriuria in susceptible individuals. Thus, the rationale of management in recurring urinary tract infection (bacteriuria) is to change the urine from a growth-supporting to a growth-inhibiting medium. There is a growing body of evidence that long-term administration of methenamine mandelate can prevent the recurrence of bacteriuria in patients with chronic pyelonephritis.

**Therapeutic Use Rationale**: Methenamine mandelate helps to sterilize the urine, and in some situations in which underlying pathologic conditions prevent sterilization by any means, it can help to suppress the bacteriuria. Methenamine mandelate should not be used alone for acute infections with parenchymal involvement causing systemic symptoms such as chills and fever. A thorough diagnostic investigation as a part of the overall management of the urinary tract infection should accompany the use of methenamine mandelate.

#### CONTRAINDICATIONS

Methenamine mandelate tablets are contraindicated in patients with renal insufficiency, severe hepatic disease, severe dehydration, and in patients who have exhibited hypersensitivity to any components of this product.

#### WARNINGS

Methenamine mandelate should be avoided in patients with gout because it may precipitate urate crystals in their urine. A similar situation may arise in patients with a predisposition to the formation of uric acid stones.

Methenamine preparations should not be given to patients taking sulfonamides because some sulfonamides may form an insoluble precipitate with formaldehyde in the urine.

#### **PRECAUTIONS**

#### General

Dysuria may occur (usually at higher than recommended dosage). This can be controlled by reducing the dosage and the acidification. When urine acidification is contraindicated or unattainable (as with some urea-splitting bacteria), the drug is not recommended.

Large doses of methenamine (8 g daily for 3 to 4 weeks) have caused bladder irritation, painful and frequent micturition, albuminuria, and gross hematuria.

#### Information for Patients

To assure an acidic pH, patients should be instructed to restrict or avoid milk products and antacids containing sodium carbonate or bicarbonate.

# **Laboratory Tests**

As with all urinary tract infections, the efficacy of therapy should be monitored by repeated urine cultures. Urinary pH monitoring is required to assure an acidic urinary pH (below 5.5).

# **Drug Interactions**

Formaldehyde and sulfamethizole form an insoluble precipitate in acid urine; therefore, methenamine mandelate should not be administered concurrently with sulfamethizole or other sulfonamides. Concurrent use of salicylates may lead to increased serum salicylate levels since excretion of salicylates is reduced in acidified urine.

# **Drug/Laboratory Test Interactions**

Formaldehyde interferes with fluorometric procedures for determination of urinary catecholamines and vanillylmandelic acid (VMA), causing erroneously high results. Formaldehyde also causes falsely decreased urine estriol levels by reacting with estriol when acid hydrolysis techniques are used; estriol determinations which use enzymatic hydrolysis are unaffected by formaldehyde.

Formaldehyde causes falsely elevated 17-hydroxycorticosteroid levels when the Porter-Silber method is used and falsely decreased 5-hydroxyindoleacetic acid (5HIAA) levels by inhibiting color development when nitrosonaphthol methods are used.

## CARCINOGENESIS and MUTAGENESIS

Methenamine mandelate has not been evaluated for carcinogenicity or mutagenicity.

Methenamine was evaluated for mutagenicity in the Ames Salmonella/mammalian microsome test. Five strains of *Salmonella typhimurium* (TA98, TA100, TA1535, TA1537 and TA1538) and a strain of *Escherichia coli* (WP2uvrA) were used. At a dose of  $10,000~\mu g/p$ late methenamine showed mutagenic activity in *Salmonella typhimurium* TA98 and TA100 by metabolic activation and also showed mutagenic activity in TA98 without microsomal activation.

In one large study, no evidence of carcinogenicity was found following long-term oral administration of methenamine 1.25 g/kg/day to rats (104 weeks) and mice (60 weeks).

# Pregnancy

# Teratogenic Effects.Pregnancy Category C.

Animal reproduction studies have not been conducted with methenamine mandelate. It is also not known whether methenamine mandelate can cause fetal harm when administered to a pregnant woman or can affect reproduction capacity. Since methenamine is known to cross the placental barrier, methenamine mandelate should be given to a pregnant woman only if the potential benefit outweighs the risk.

# **Nursing Mothers**

Methenamine is excreted in breast milk. Because of the potential for serious adverse reactions in nursing infants, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

#### **ADVERSE REACTIONS**

Gastrointestinal disturbances (nausea, stomach upset), generalized skin rash, dysuria, painful or difficult urination may occur occasionally with the use of methenamine preparations. Microscopic and rarely, gross hematuria have been described.

## **OVERDOSAGE**

Minimize absorption by inducing vomiting or by gastric lavage followed by administration of activated charcoal. Administer orally fluids and alkalinize with sodium bicarbonate.

### DOSAGE AND ADMINISTRATION

The average adult dose is 4 g a day given as one 1000 mg tablet or two 500 mg tablets after each meal and at bedtime. Children 6 to 12 years of age should receive half the adult dose; one 500 mg tablet, 4 times a day.

#### **HOW SUPPLIED**

**Methenamine Mandelate Tablets, USP 500 mg** are blue, unscored, oval, film-coated, debossed with "CE 34" on one side and plain on the other side.

Supplied in bottles of 60 (NDC 62135-200-60) Supplied in bottles of 100 (NDC 62135-200-01) Supplied in bottles of 120 (NDC 62135-200-12)

**Methenamine Mandelate Tablets, USP 1000 mg** (1 g) are blue, unscored, oval, film-coated, debossed with "CE 35" on one side and plain on the other side.

Supplied in bottles of 60 (NDC 62135-201-60) Supplied in bottles of 100 (NDC 62135-201-01) Supplied in bottles of 120 (NDC 62135-201-12)

Preserve in well-closed containers

Store at 20° to 25°C (68° to 77°F); excursions permitted to 15° to 30°C (59° to 86°F) [see USP Controlled Room Temperature].

Manufactured for: Chartwell RX LLC. Congers, NY 10920 Made in USA L70516 Rev. 09/2021

#### PACKAGE LABEL-PRINCIPAL DISPLAY PANEL

# Methenamine Mandelate Tablets, USP 500 mg - NDC 62135-200-60 - 60 Tablets Label



# Methenamine Mandelate Tablets, USP 500 mg - NDC 62135-200-01 - 100 Tablets Label



Methenamine Mandelate Tablets, USP 500 mg - NDC 62135-200-12 - 120 Tablets Label



Methenamine Mandelate Tablets, USP 1000 mg - NDC 62135-201-60 - 60 Tablets Label



Methenamine Mandelate Tablets, USP 1000 mg - NDC 62135-201-01 - 100 Tablets Label



# Methenamine Mandelate Tablets, USP 1000 mg - NDC 62135-201-12 - 120 Tablets Label



# METHENAMINE MANDELATE methenamine mandelate tablet, film coated Product Information Product Type HUMAN PRESCRIPTION DRUG Item Code (Source) NDC:62135-200 Route of Administration ORAL

Active Ingredient/Active Moiety			
Ingredient Name	<b>Basis of Strength</b>	Strength	
<b>METHENAMINE MANDELATE</b> (UNII: 695N30CINR) (METHENAMINE - UNII: J50OIX95QV)	METHENAMINE MANDELATE	500 mg	

Inactive Ingredients			
Strength			

Product Characteristics				
Color blue Score no score				
Shape	OVAL	Size	15mm	
Flavor		Imprint Code	CE;34	
Contains				

P	Packaging						
#	Item Code	Package Description	Marketing Start Date	Marketing End Date			
1	NDC:62135-200- 60	60 in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2021				
2	NDC:62135-200- 01	100 in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2021				
3	NDC:62135-200- 12	120 in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2021				

Marketing Information					
Marketing Application Number or Monograph Marketing Start Marketing End Category Citation Date Date					
unapproved drug other		10/01/2021			

# **METHENAMINE MANDELATE**

methenamine mandelate tablet, film coated

<b>Product Information</b>			
Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:62135-201

Active	Ingredient/Active	Moiety
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Ingredient Name	Basis of Strength	Strength
	METHENAMINE MANDELATE	1000 mg

Inactive Ingredients		
Ingredient Name	Strength	
CROSCARMELLOSE SODIUM (UNII: M280L1HH48)		
FD&C BLUE NO. 2ALUMINUM LAKE (UNII: 4AQJ3LG584)		
MAGNESIUM STEARATE (UNII: 70097M6I30)		
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)		
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)		
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)		
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)		
TALC (UNII: 7SEV7J4R1U)		
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)		

Product Characteristics				
Color blue Score no score				
Shape	OVAL	Size	19mm	
Flavor		Imprint Code	CE;35	
Contains				

P	Packaging						
#	Item Code	Package Description	Marketing Start Date	Marketing End Date			
1	NDC:62135-201- 60	60 in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2021				
2	NDC:62135-201- 01	100 in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2021				
3	NDC:62135-201- 12	120 in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2021				

Marketing Information					
Marketing Application Number or Monograph Marketing Start Marketing End Category Citation Date Date					
unapproved drug other		10/01/2021			

# Labeler - Chartwell RX, LLC (079394054)

Establishment			
Name	Address	ID/FEI	Business Operations
Chartwell Pharmaceuticals Congers, LLC.		118673447	analysis(62135-200, 62135-201), label(62135-200, 62135-201), manufacture(62135-200, 62135-201), pack(62135-200, 62135-201)

Revised: 7/2023 Chartwell RX, LLC