

**SINECCH- arnica montana capsule**  
**Hahnemann Laboratories, Inc. dba Alpine Pharmaceuticals**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Active Ingredient**

Active Ingredients: SinEcch 01 500mg Arnica Montana 1M, SinEcch 02 500mg Arnica Montana 12C

**Purpose**

surgical recovery regimen

Reduces Pain, Bruising, and Swelling after Surgery or Major Trauma.

**Keep Out of Reach of Children**

Keep this and all medication out of the reach of children.

**Uses**

Surgery or Major Trauma

**Warnings**

Warnings: If you are pregnant or nursing, consult your physician before taking SinEcch. For multiple procedures during a 4 week interval, take only 1 SinEcch regimen with the final procedure.

Do not drink or eat anything for 15 minutes before and after taking SinEcch.

**Drug Interactions**

Drug Interactions: Do not take together with Talwin tm or Talwin NX tm

**Storage**

Storage: Store at room temperature.

**Directions**

Directions: For Adults and children over 6. Swallow the capsule with water, or twist open the capsule and pour contents into your mouth. Let the small pellets dissolve.

SinEcch

SURGERY

MAJOR TRAUMA

Directions for Using the  
Accidents,

Facial Surgery, Liposuction,

Major injuries from

Capsule Labeled:

Body Contouring, or

Falls, Sports Injuries, or when

	General Surgery	Starting after Surgery
PRE-OP (SinEcch 01 Orange/Peach Color)	1-24 hours before surgery	As soon as possible after the surgery or trauma
POST-OP (SinEcch 01) Orange/Peach Color	1-6 hours after surgery	4 hours after the first dose
BEDTIME (SinEcch 01) Orange/Peach Color	Bedtime on the day of surgery (Day 1)	Bedtime the same day as the above doses (Day 1)
DAYS 2, 3, AND 4 (SinEcch 02) Peach/Peach Color	1 capsule every morning 1 capsule every afternoon 1 capsule every evening	1 capsule every morning 1 capsule every afternoon 1 capsule every evening

### **Inactive Ingredients**

Inactive Ingredients : Sucrose 400mg, Lactose 100 mg, Capsules contain Hypromellose, Red Iron Oxide, Titanium Dioxide

### **Package Label**

SinEcch tm Homeopathic Arnica Montanan

surgical recovery regimen Professional Strength

Clinically Proven to Reduce Bruising and Swelling after Surgery

ALL NATURAL 12 capsules THIS PRODUCT IS SAFETY SEALED. THE BOX IS SEALED AND THE CAPSULES ARE INDIVIDUALLY BLISTER SEALED. DO NOT USE IF SEALS ARE BROKEN.

Printed with soy based inks.

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Questions or comments call 888.SINECCH (888-746-3224) email: [info@alpinepharm.com](mailto:info@alpinepharm.com) or visit

online at [www.alpinepharma.com](http://www.alpinepharma.com)

A Product of Alpine Pharmaceuticals The Arnica Experts!™

**SINECCH™** Homeopathic Arnica Montana  
surgical recovery regimen

Professional Strength  
**Homeopathic Arnica Montana**

**SINECCH™**  
surgical recovery regimen

**Clinically Proven to Reduce Bruising and Swelling after Surgery**

**ALL NATURAL** 12 capsules

**SINECCH™**  
surgical recovery regimen

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**SINECCH™**  
surgical recovery regimen

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Questions or Comments call **888 SINECCH** (888.746.3224),  
email: [info@alpinepharm.com](mailto:info@alpinepharm.com) or visit online at [www.alpinepharm.com](http://www.alpinepharm.com)

# SINECCH™

surgical recovery regimen

Professional Strength  
**Homeopathic Arnica**

**Reduces Pain, Bruising, and Swelling  
after Surgery or Major Trauma.**

A Product of  
**Alpine Pharmaceuticals**  
The Arnica Experts!™

SINECCH™ Directions for Using the Capsule Labeled:	SURGERY Facial Surgery, Liposuction, Body Contouring, or General Surgery	MAJOR TRAUMA Major injuries from Accidents, Falls, Sports Injuries, or when Starting after Surgery
<b>PRE-OP</b> (SinEcch 01) Orange/Peach Color	1 to 24 hours before surgery	As soon as possible after the surgery or trauma
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**Directions:** For Adults and children over 6.  
Swallow the capsule with water, or twist open the  
capsule and pour the contents into your mouth.  
Let the small pellets dissolve.

**Active Ingredients:** SinEcch 01 500mg Arnica  
Montana 1M, SinEcch 02 500mg Arnica Montana 12C

**Inactive Ingredients:** Sucrose 400mg, Lactose  
100mg. Capsules contain Hypromellose,  
Red Iron Oxide, Titanium Dioxide

**Warnings:** If you are pregnant or nursing, consult  
your physician before taking SinEcch. Keep this  
and all medication out of the reach of children.  
For multiple procedures during a 4 week interval,  
take only 1 SinEcch regimen with final procedure.

**Storage:** Store at room temperature.

**Drug Interactions:** Do not take together with  
Talwin™ or Talwin NX™.

**Do not eat or drink anything for 15 minutes  
before and after taking SinEcch.**



## SINECCH

arnica montana capsule

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:63545-142
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA	1 [hp_M]

### Inactive Ingredients

Ingredient Name	Strength
SUCROSE (UNII: C151H8M554)	

<b>LACTOSE</b> (UNII: J2B2A4N98G)	
<b>HYPROMELLOSES</b> (UNII: 3NXW29V3WO)	
<b>FERRIC OXIDE RED</b> (UNII: 1K09F3G675)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

### Product Characteristics

<b>Color</b>	orange (orange/peach)	<b>Score</b>	no score
<b>Shape</b>	CAPSULE (capsule)	<b>Size</b>	18mm
<b>Flavor</b>		<b>Imprint Code</b>	SinEcch01
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:63545-142-01	12 in 1 BLISTER PACK; Type 0: Not a Combination Product	06/30/1998	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		06/30/1998	

**Labeler** - Hahnemann Laboratories, Inc. dba Alpine Pharmaceuticals (147098081)

**Registrant** - Hahnemann Laboratories, Inc. dba Alpine Pharmaceuticals (147098081)

### Establishment

Name	Address	ID/FEI	Business Operations
Hahnemann Laboratories, Inc. dba Alpine Pharmaceuticals		147098081	manufacture(63545-142)

Revised: 9/2015

Hahnemann Laboratories, Inc. dba Alpine Pharmaceuticals