

## **CITRATE OF MAGNESIUM - citrate of magnesium liquid**

**Physicians Total Care, Inc.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

-----

### **Drug Facts**

#### **Active ingredient**

Magnesium citrate 1.745 g per fl oz

#### **Purpose**

Saline laxative

**Use** for relief of occasional constipation (irregularity). Generally produces bowel movement in 1/2 to 6 hours

#### **Warnings**

##### **Ask a doctor before you use if you have**

- kidney disease
- a magnesium or potassium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

##### **Ask a doctor or pharmacist before use if your are** taking any other drug.

Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor if** you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions** • drink a full glass (8 ounces) of liquid with each dose

- may be taken as a single daily dose or in divided doses
- adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours  
children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours  
children 2 to under 6 years of age - ask a doctor  
discard unused product within 24 hours of opening bottle

Other information

- magnesium content 290 mg per 1 fl oz (30 mL)
- potassium content 80 mg per 1 fl oz (30 mL)
- store at temperatures between 46° and 86°F (8° and 30° C)

**Inactive ingredients** citric acid, lemon oil, potassium bicarbonate, sodium saccharin, water purified

Distributed by:

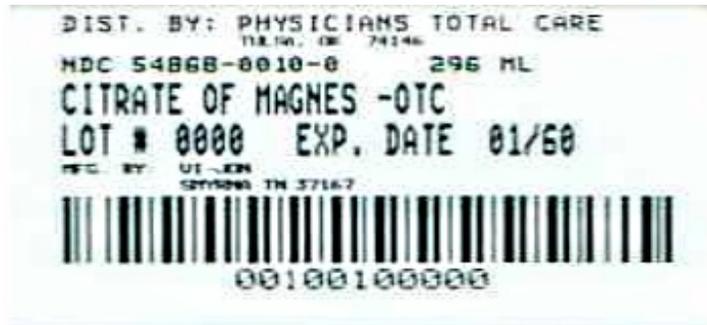
Vi-Jon  
One Swan Drive  
Smyrna, TN 37167

**Additional barcode labeling by:**

Physicians Total Care, Inc.

Tulsa, Oklahoma 74146

NDC 54868-0010-0



Very Low Sodium

Citroma  
MAGNESIUM CITRATE

Lemony

- Saline Laxative
- Oral Solution

Do not use if tamper evident twist-off cap is missing, broken or separated from neck ring  
10FL OZ (296 mL)

## CITRATE OF MAGNESIUM

citrate of magnesium liquid

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:54868-0010(NDC:0869-0686)
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
Magnesium citrate (UNII: RHO26O1T9V) (magnesium cation - UNII:T6V3LHY838)	Magnesium citrate	1.745 g in 29.6 mL

### Inactive Ingredients

Ingredient Name	Strength
LEMON OIL (UNII: I9GRO824LL)	
POTASSIUM BICARBONATE (UNII: HM5Z15LEBN)	
SACCHARIN SODIUM DIHYDRATE (UNII: SB8ZUX40TY)	
WATER (UNII: 059QF0KO0R)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:54868-0010-0	.296 mL in 1 BOTTLE, GLASS		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	01/29/2003	

**Labeler** - Physicians Total Care, Inc. (194123980)

Establishment			
Name	Address	ID/FEI	Business Operations
Physicians Total Care, Inc.		194123980	relabel(54868-0010)

Revised: 7/2012

Physicians Total Care, Inc.