

**EPSOM SALT- magnesium sulfate heptahydrate granule, for solution**  
**ShopKo Stores Operating Co., LLC**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Drug Facts**

**To Open**

Cut along dotted line and press zipper to reseal

**Active ingredient**

Magnesium sulfate USP ( Heptahydrate) 100%

**purpose**

Saline laxative

**Uses**

**Uses for Oral Laxative**

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

**For Soaking**

For external use as a soaking aid for minor sprains and bruises.

**Warnings**

**Warnings for Soaking**

**CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.**

**Ask a Doctor before use if you have**

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week.

**Ask a doctor or pharmacist before use if you are**

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor**

if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

### **If pregnant or breast-feeding**

ask a health professional before use.

### **Keep out of reach of children**

In case of overdose, get medical help or contact a Poison Control Center right away.

### **directions**

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

### **Directions for Soaking**

**Directions:** Dissolve 2 cupfuls of this product per gallon of water. Apply with bandages or towelling for 30 minutes up to three times a day, or use as a soak or in bath. Use warm water for best results.

### **Other information**

#### **Other information**

- magnesium content 495 mg per teaspoon (5 grams)

### **Adverse reaction section**

Packaged by Vi-Jon, Inc.

One Swan Dr., Smyrna, TN 37167

For ShopKo Stores Operating Co., LLC

[www.shopko.com](http://www.shopko.com)

For consumer questions

call 1-888-593-0593

SHOPKO

Satisfaction

Guaranteed

By Refund Or Exchange

### **Principal Display Panel**

Tamper Evident Packaging: Caution: this package has been sealed for your protection. Do not use if package is open, torn or mutilated

Zip to reseal helps keep moisture out

SHOPKO

Epsom Salt

Magnesium Sulfate USP

$MgSO_4 \cdot 7H_2O$

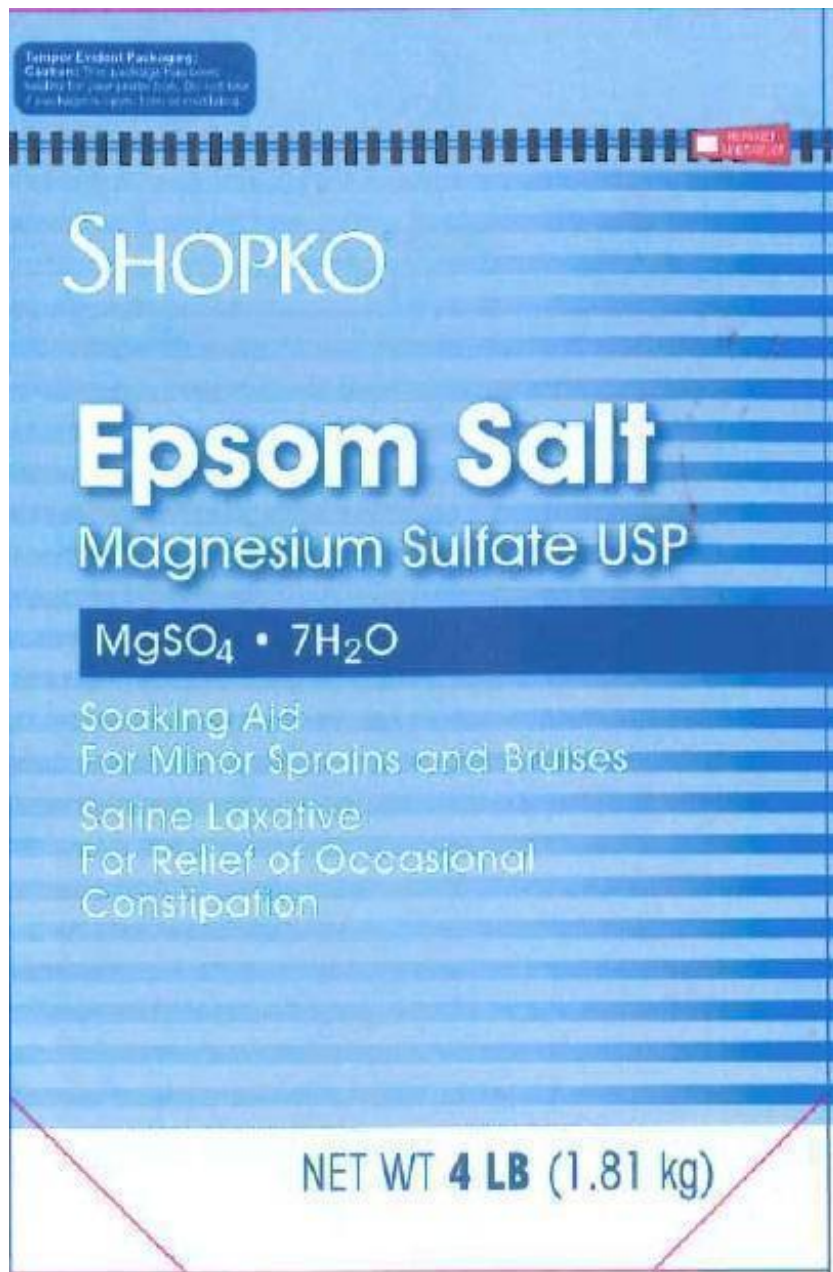
Soaking Aid

For Minor Sprains and Bruises

Saline Laxative

For relief of Occasional Constipation

Net Wt 4 LB ( 1.81 kg)



## EPSOM SALT

magnesium sulfate granule, for solution

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG LABEL	<b>Item Code (Source)</b>	NDC:370 12-602
<b>Route of Administration</b>	ORAL, TOPICAL	<b>DEA Schedule</b>	

**Active Ingredient/Active Moiety**

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
MAGNESIUM SULFATE HEPTAHYDRATE (MAGNESIUM CATION)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

**Packaging**

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:370 12-602-07	18 14 g in 1 POUCH		

**Marketing Information**

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC monograph not final	part334	06/05/2009	

**Labeler** - ShopKo Stores Operating Co., LLC (023252638)**Registrant** - Vi-Jon (790752542)**Establishment**

<b>Name</b>	<b>Address</b>	<b>ID/FEI</b>	<b>Business Operations</b>
Vi-Jon		790752542	manufacture(370 12-602)

Revised: 7/2013

ShopKo Stores Operating Co., LLC