

HEALTHMART PHARMACY LUBRICANT LAXATIVE- mineral oil enema

McKesson

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drug Facts

Active ingredient

(in each 118 mL delivered dose)

Mineral oil 100%

Purpose

Lubricant laxative

Uses

- for relief of occasional constipation

Warnings

For rectal use only

Ask a doctor before use if you have

- abdominal pain, nausea or vomiting
- notice a sudden change in bowel habits that persists over a period of 2 weeks

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use of a laxative because this may indicate a serious condition
- you need to use a laxative for more than one week

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

Directions

Single daily dose

adults & children 12 years and over	1 bottle once daily
children 2 to under 12 years	1/2 bottle once daily
children under	do not use

How to use this enema:

REMOVE GREEN PROTECTIVE SHIELD BEFORE INSERTING; HOLD BOTTLE UPRIGHT, GRASPING BOTTLE CAP WITH FINGERS. GRASP PROTECTIVE SHIELD WITH OTHER HAND AND PULL GENTLY TO REMOVE.

**Positioning:**

Left-side position: Lie on left side with knee bent and arms at rest.

**Knee-chest position:**

Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.

**Administering enema:**

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- **Do not force the enema tip into rectum as this can cause injury.**
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.
- Remove enema tip from rectum.
- Retain enema in accordance with doctor's instructions.

Other Information

- store at room temperature 20-25 deg C (68-77 deg F)
- this product generally produces bowel movement in 2-15 minutes

Inactive ingredient

none

Questions or comments?

1-800-633-5463

Side and Principal Display Panel - Box

NDC 62011-0190-1



HealthMart®
PHARMACY

compare to
Fleet® Mineral Oil
active ingredients*

ready-to-use
**enema
mineral oil**
lubricant laxative

for relief of occasional
constipation



lubricated tip

sodium free

latex free

4.5 fl oz (133 mL)
single pack

How to use this enema:

REMOVE GREEN PROTECTIVE SHIELD BEFORE INSERTING: HOLD BOTTLE UPRIGHT, GRASPING BOTTLE CAP WITH FINGERS. GRASP PROTECTIVE SHIELD WITH OTHER HAND AND PULL GENTLY TO REMOVE



- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- Do not force the enema tip into rectum as this can cause injury.
- Squeeze bottle until nearly all liquid is gone, it is not necessary to empty the bottle completely, as it contains more liquid than needed.
- Remove enema tip from rectum.
- Retain enema in accordance with doctor's instructions.

Position for using this enema:



- **Left-side position:** lie on left side with knee bent and arms at rest.



- **Knee-chest position:** kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.

*This product is not manufactured or distributed by C.B. Fleet Co., Inc., the distributor of Fleet® Mineral Oil Enema.

NDC 62011-0190-1

HealthMart®

Pharmacy

Compare to

Fleet® mineral oil

Active ingredients*

Ready-to-use

ENEMA

MINERAL OIL

LUBRICANT LAXATIVE

For relief of occasional constipation

Lubricated tip

Sodium free

Latex Free

4.5 Fl OZ (133 ml)

Single Pack

Side and Back Panel - Box

ready-to-use

- Protective shield prevents contamination
- Comfortable, lubricated tip for ease of insertion
- One-way safety valve controls flow & prevents reflux
- Easy, soft squeeze bottle



McKESSON

Distributed by McKesson
One Post Street, San Francisco, CA 94104
Money Back Guarantee
www.healthmart.com/healthmartbrand
Made in USA RA14CTR  MCKH-MQ-1-12N

TEP

**TAMPER EVIDENT: CARTON SEALED FOR SAFETY.
IF PRINTED SEAL ON BOTTOM OR TOP FLAP
IS BROKEN OR MISSING, DO NOT USE.**

Drug Facts

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delivered dose)

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Mineral oil 100%Lubricant laxative

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Directions

Single daily dose

adults & children 12 years and over	1 bottle
children 2 to under 12 years	one-half bottle
children under 2 years	DO NOT USE

Other information

- store at room 20°-25°C (68°-77°F)
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Questions or comments?

1-800-633-5463



TEP

HEALTHMART PHARMACY LUBRICANT LAXATIVE

mineral oil enema

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:620 11-0 190
Route of Administration	RECTAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MINERAL OIL (UNII: T5L8T28FGP) (MINERAL OIL - UNII:T5L8T28FGP)	MINERAL OIL	118 mL in 118 mL

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:620 11-0 190-1	1 in 1 BOX		
1		133 mL in 1 BOTTLE		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	01/27/2014	

Labeler - McKesson (177667227)

Revised: 10/2014

McKesson