

**PAIN RELIEF PM- ibuprofen, diphenhydramine hcl capsule, liquid filled
Bionpharma Inc.**

Drug Facts

Active ingredients (in each capsule)

Diphenhydramine hydrochloride 25 mg

Solubilized ibuprofen equal to 200 mg ibuprofen (NSAID)*

(present as the free acid and potassium salt)

*nonsteroidal anti-inflammatory drug

Purposes

Nighttime sleep-aid

Pain reliever

Uses

- for relief of occasional sleeplessness when associated with minor aches and pains
- helps you fall asleep and stay asleep

Warnings

Allergy alert: Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:

- hives
- facial swelling
- asthma (wheezing)
- shock
- skin reddening
- rash
- blisters

If an allergic reaction occurs, stop use and seek medical help right away.

Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you

- are age 60 or older
- have had stomach ulcers or bleeding problems

- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs [aspirin, ibuprofen, naproxen, or others]
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

Heart attack and stroke warning: NSAIDs, except aspirin, increase the risk of heart attack, heart failure, and stroke. These can be fatal. The risk is higher if you use more than directed or for longer than directed.

Do not use

- if you have ever had an allergic reaction to any other pain reliever/fever reducer
- unless you have time for a full night's sleep
- in children under 12 years of age
- right before or after heart surgery
- with any other product containing diphenhydramine, even one used on skin
- if you have sleeplessness without pain

Ask a doctor before use if

- stomach bleeding warning applies to you
- you have problems or serious side effects from taking pain relievers or fever reducers
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, kidney disease, asthma, or had a stroke
- you are taking a diuretic
- you have a breathing problem such as emphysema or chronic bronchitis
- you have glaucoma
- you have trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

- taking sedatives or tranquilizers, or any other sleep-aid
- under a doctor's care for any continuing medical illness
- taking any other antihistamines
- taking aspirin for heart attack or stroke, because ibuprofen may decrease this benefit of aspirin
- taking any other drug

When using this product

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery
- take with food or milk if stomach upset occurs

Stop use and ask a doctor if

- you experience any of the following signs of stomach bleeding:
 - feel faint
 - vomit blood
 - have bloody or black stools
 - have stomach pain that does not get better
- you have symptoms of heart problems or stroke:
 - chest pain
 - trouble breathing
 - weakness in one part or side of body
 - slurred speech
 - leg swelling
- pain gets worse or lasts more than 10 days
- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness
- redness or swelling is present in the painful area
- any new symptoms appear

If pregnant or breast-feeding,

ask a health professional before use. It is especially important not to use ibuprofen at 20 weeks or later in pregnancy unless definitely directed to do so by a doctor because it may cause delivery problems in the unborn child or complications during delivery.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- **do not take more than directed**
- adults and children 12 years and over: take 2 capsules at bedtime
- do not take more than 2 capsules in 24 hours

Other information

- **each capsule contains:potassium 20 mg**

- read all warnings and directions before use.
- store at 20° to 25°C (68° to 77°F)
- avoid excessive heat above 40°C (104°F)
- protect from light

Inactive ingredients

FD&C blue #1, FD&C red #40, gelatin, pharmaceutical ink, polyethylene glycol, potassium hydroxide, purified water, sorbitan, sorbitol

Questions or comments?

Call toll free **1-888-235-2466**

Manufactured for:

Bionpharma

Princeton, NJ 08540

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DO NOT USE IF TAMPER-EVIDENT SEAL UNDER BOTTLE CAP IMPRINTED WITH “SEALED for YOUR PROTECTION” IS BROKEN OR MISSING.

R0422

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Principal Display Panel

†**compare to** the active ingredients in **Advil® PM Liqui-Gels®**

NDC 69452-264-22

a+health

pain relief pm

solubilized ibuprofen, 200 mg/

diphenhydramine HCl, 25 mg

pain reliever (NSAID)/

nighttime

sleep-aid

120 capsules**

**liquid-filled capsule

compare to the active ingredients in Advil® PM Liqui-Gels®

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diphenhydramine HCl, 25 mg

 pain reliever (NSAID)/nighttime sleep-aid

120 capsules**

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DO NOT USE IF THE PAPER WRAPMENT SEAL UNDER BOTTLE CAP APPEARS BROKEN OR MISSING.

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Solubilized ibuprofen equal to 200 mg (NSAID)
(present as the free acid and potassium salt)
*nonsteroidal anti-inflammatory drug

Purposes
Nighttime sleep-aid
Pain reliever

Uses
for relief of occasional sleeplessness when associated with minor aches and pains
helps you fall asleep and stay asleep

Warnings
Abusing alcohol, ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:
hives
facial swelling
asthma/wheezing
shock
skin redness
rash
hiccups
If an allergic reaction occurs, stop use and seek medical help right away.
Stomach bleed warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you are age 60 or older, have had stomach ulcers or bleeding problems, take a blood thinner (not coumaph) or steroid drug, take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others), have 3 or more alcoholic drinks every day while using this product, take more or for a longer time than directed.
Heart attack and stroke warning: NSAIDs, except aspirin, increase the risk of heart attack, heart failure and stroke. These can be fatal. The risk is higher if you use more than directed or for longer than directed.

Do not use if you have ever had an allergic reaction to any other pain reliever/reducer unless your healthcare provider tells you to use it.
if you are under 12 years of age
if you are taking other heart surgery
with any other product containing diphenhydramine, even one used on skin
if you have sleeplessness without pain

L0000559
Manufactured by: **α+health**
Parsippany, NJ 08854
N 3 69452-26422 5
R0422 Lot No.: Exp. Date:
SEE INSIDE

Drug Facts (continued)

Ask a doctor before use if: stomach bleeding warning applies to you; you have problems or serious side effects from taking pain relievers or fever reducers; you have a history of stomach problems such as heartburn; you have high blood pressure, heart disease, liver disease, kidney disease, asthma, or head aches; you are taking a diuretic; you have a breathing problem such as emphysema or chronic bronchitis; you have glaucoma; you have trouble urinating due to an enlarged prostate gland.

Ask a doctor or pharmacist before use if you are: taking a doctor's prescription or over-the-counter, or any other sleep-aid; under a doctor's care for any chronic medical illness; taking any other anti-depressants; taking aspirin for heart attack or stroke, because ibuprofen may decrease the benefit of aspirin; taking any other drug; do not drive a motor vehicle or operate machinery; also with food or milk, if stomach upset occurs.

Stop use and ask a doctor if: you experience any of the following signs of stomach bleeding: red, dark, or tarry stool; vomit that is bloody or looks like coffee grounds; you have stomach pain that doesn't get better; you have symptoms of heart problems or stroke: chest pain, trouble breathing, weakness in one part or side of body, slurred speech, tingling, swelling; you get worse or feel more than 10 days; sleeplessness persists continuously for more than 2 weeks, including the a symptom of a serious underlying medical illness; motion or swelling is present in the painful area; any new symptoms appear.

Keep out of reach of children. Ask a health professional before use. It is especially important not to use ibuprofen if you are pregnant or taking pregnancy, unless a doctor directs you to do so by a doctor because it may cause problems in the unborn child or complications during delivery. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

Directions
do not take more than directed
adults and children 12 years and over: take 2 capsules at bedtime
do not take more than 2 capsules in 24 hours

Other information
each capsule contains potassium 22 mg
keep out of reach of children
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store at 20° to 25° (68° to 77°)
avoid excessive heat above 30° (86°) protect from light

Inactive ingredients
FD&C Blue #1, FD&C Red #40, gelatin, pharmaceutical ink, polyethylene glycol, potassium hydroxide, purified water, sorbitan, sorbitol

Questions or comments? Call us at 1-800-235-2065

The product and manufacturer details in this box are for Advil® PM Liqui-Gels®.

PAIN RELIEF PM			
ibuprofen, diphenhydramine hcl capsule, liquid filled			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69452-264
Route of Administration	ORAL		
Active Ingredient/Active Moiety			
Ingredient Name		Basis of Strength	Strength
IBUPROFEN (UNII: WK2XYI10QM) (IBUPROFEN - UNII:WK2XYI10QM)		IBUPROFEN	200 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)		DIPHENHYDRAMINE HYDROCHLORIDE	25 mg
Inactive Ingredients			
Ingredient Name			Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)			
FD&C RED NO. 40 (UNII: WZB9127XOA)			
GELATIN (UNII: 2G86QN327L)			
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WQ0SDW1A)			

POTASSIUM HYDROXIDE (UNII: WZH3C48M4T)	
WATER (UNII: 059QF0KO0R)	
SORBITAN (UNII: 6O92ICV9RU)	
SORBITOL (UNII: 506T60A25R)	

Product Characteristics

Color	blue	Score	no score
Shape	OVAL	Size	19mm
Flavor		Imprint Code	IBUPM
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69452-264-22	120 in 1 BOTTLE; Type 0: Not a Combination Product	05/01/2019	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA090397	05/01/2019	

Labeler - Bionpharma Inc. (079637826)

Registrant - Bionpharma Inc. (079637826)

Establishment

Name	Address	ID/FEI	Business Operations
Patheon Softgels Inc.		002193829	manufacture(69452-264)

Revised: 12/2022

Bionpharma Inc.