

**NIGHTTIME SLEEP AID MAXIMUM STRENGTH- diphenhydramine hcl capsule  
Care One (Retail Business Services, LLC.)**

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**Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCl 50 mg

**Purpose**

Nighttime sleep-aid

**Use**

for relief of occasional sleeplessness.

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

avoid alcoholic drinks.

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

**Other information**

- store between 15-30°C (59°-86°F)

**Inactive ingredients**

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitol, sorbitan, white ink

**Principal Display Panel**

Compare to the Active Ingredient in Unisom® SleepGels®†

Maximum Strength

NIGHTTIME SLEEP - AID

Diphenhydramine HCl 50 mg

Helps to Reduce Difficulty Falling Asleep

SOFTGELS\*\*

\*\*Liquid Filled Capsules

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS  
BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT  
INFORMATION.**

\*\*This product is not manufactured or distributed by Chattem, Inc., distributor of Unisom® SleepGels®.

DISTRIBUTED BY FOODHOLD U.S.A., LLC LANDOVER, MD 20785

1-877-846-9949

**Package Label**

CAREone™

NDC 72476-916-32  
Compare to the  
Active Ingredient  
in Unisom® SleepGels®†

Maximum Strength

# NIGHTTIME SLEEP - AID

Diphenhydramine HCl, 50 mg

Helps to Reduce Difficulty Falling Asleep

Actual  
Size



32 SOFTGELS\*\*

\*\*Liquid Filled Capsules



0120



S-949

Lot No.:

Exp. Date:

KEEP OUTER CARTON FOR COMPLETE  
WARNINGS AND PRODUCT INFORMATION.

TAMPER EVIDENT: DO NOT USE IF PRINTED  
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

PLD-6632A  
FC006528

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†This product is not manufactured or distributed by Chatham, Inc., distributor of Unisom® SleepGels®.

Quality guaranteed or your money back.

**Questions or comments?** Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

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■ glaucoma ■ trouble urinating due to an enlarged prostate gland

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**Active ingredient (in each softgel)** Diphenhydramine HCl 50 mg.

Nighttime sleep-aid

**Purpose**

**Drug Facts**

CARE ONEMaximum Strength Nighttime Sleep Aid

# NIGHTTIME SLEEP AID MAXIMUM STRENGTH

diphenhydramine hcl capsule

## Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:72476-916
Route of Administration	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

## Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
LECITHIN, SOYBEAN (UNII: 1DI56QDM62)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
WATER (UNII: 059QF0KO0R)	
SORBITAN (UNII: 6O92ICV9RU)	
SORBITOL (UNII: 506T60A25R)	
LIGHT MINERAL OIL (UNII: N6K5787QVP)	
MANNITOL (UNII: 3OWL53L36A)	

## Product Characteristics

Color	blue	Score	no score
Shape	CAPSULE	Size	13mm
Flavor		Imprint Code	PC5
Contains			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72476-916-32	1 in 1 BOX	12/27/2019	
1		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	12/27/2019	

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**Labeler** - Care One (Retail Business Services, LLC.) (967989935)

Revised: 3/2024

Care One (Retail Business Services, LLC.)