

**TOPCARE ZZZ SLEEP- diphenhydramine hcl capsule, liquid filled**  
**Topco Associates LLC**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Topco Associates LLC. ZZZ<sup>®</sup> Sleep Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCl 25 mg

**Purpose**

Nighttime sleep-aid

**Uses**

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to an enlargement of the prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers

**When using this product**

avoid alcoholic beverages

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

**Directions**

- take only one dose per day (24 hours)

adults & children 12 yrs & over	2 softgels at bedtime if needed or as directed by a doctor
children under 12 yrs	do not use

**Other information**

- store at 20-25°C (68-77°F)
- avoid excessive heat above 40°C (104°F)
- protect from light

**Inactive ingredients**

edible ink, FD&C blue #1, FD&C red #40, gelatin, glycerin, polyethylene glycol, purified water, sorbitol sorbitan solution

**Questions or comments?**

**1-888-423-0139**

**Package/Label Principal Display Panel**

TopCare® health

COMPARE TO VICKS® ZZZQUIL® ACTIVE INGREDIENT

NIGHTTIME

ZZZ Sleep®

DIPHENHYDRAMINE HCl 25 mg

NIGHTTIME SLEEP-AID

- Non-Habit Forming
- Not for Treating Cold or Flu

See Warnings

12 SOFTGELS

actual size

GOODIE AWARD

05253 88 C6

**Drug Facts (continued)**

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Scan here for more information or call 1-888-423-0139

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topcare@topco.com  
www.topcarebrand.com



NDC 36800-507-53



COMPARE TO  
VICKS® ZZZQUIL®  
ACTIVE INGREDIENT\*

NIGHTTIME

**ZZZ Sleep®**

DIPHENHYDRAMINE HCl 25 mg

**NIGHTTIME SLEEP-AID**

- Non-Habit Forming
  - Not for Treating Cold or Flu
- See Warnings

**12 SOFTGELS**



DO NOT USE IF BLISTER UNIT IS BROKEN OR TORN



This TopCare® product is laboratory tested to guarantee its highest quality. Your total satisfaction is guaranteed.

\*This product is not manufactured or distributed by Procter & Gamble, distributor of Vicks® ZzzQuil®.



## TOPCARE ZZZ SLEEP

diphenhydramine hcl capsule, liquid filled

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:36800-507
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

### Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
GELATIN, UNSPECIFIED (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
WATER (UNII: 059QF0KO0R)	
SORBITOL (UNII: 506T60A25R)	
SORBITAN (UNII: 6O92ICV9RU)	

### Product Characteristics

Color	PURPLE	Score	no score
Shape	OVAL	Size	15mm
Flavor		Imprint Code	052
Contains			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:36800-507-53	6 in 1 CARTON	01/28/2014	
1		2 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:36800-507-67	24 in 1 CARTON	01/28/2014	
2		2 in 1 BLISTER PACK; Type 0: Not a Combination Product		
3	NDC:36800-507-62	12 in 1 CARTON	01/28/2014	

3	2 in 1 BLISTER PACK; Type 0: Not a Combination Product		
<b>Marketing Information</b>			
<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC monograph final	part338	01/28/2014	

**Labeler** - Topco Associates LLC (006935977)

Revised: 1/2023

Topco Associates LLC