

PAIN RELIEF PM EXTRA STRENGTH- acetaminophen and diphenhydramine hydrochloride tablet, coated
TopCo Associates LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

1095 - TCR - 2019-1007

Drug Facts

Active ingredients (in each caplet)	Purpose
Acetaminophen 500 mg	Pain reliever
Diphenhydramine HCl 25 mg	Nighttime sleep aid

Uses

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning

This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert

acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not take more than directed (see overdose warning)**

adults and children 12 years and over	<ul style="list-style-type: none">▪ take 2 caplets at bedtime▪ do not take more than 2 caplets of this product in 24 hours
children under 12 years	<ul style="list-style-type: none">▪ do not use

Other information

- store between 20-25°C (68-77°F) in a dry place
- retain carton for complete product information

Inactive ingredients

colloidal silicon dioxide, copovidone, croscarmellose sodium, FD&C blue #1, hypromellose, lactose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, sodium starch glycolate, stearic acid, titanium dioxide

PRINCIPAL DISPLAY PANEL

NDC 36800-575-02

TopCare® Health™

Compare to Extra Strength Tylenol® PM Active Ingredients*

Extra Strength Nighttime

Pain Relief PM

Acetaminophen 500mg/Diphenhydramine HCl 25 mg

Pain Reliever/Fever Reducer • Nighttime Sleep Aid

Non-Habit Forming

Our Pharmacists Recommend

100 Caplets

For Adults

INK AND COATING FREE
FOR LOT AND
EXPIRATION STAMPING



DO NOT USE IF IMPRINTED SEAL
UNDER CAP IS BROKEN OR MISSING



Drug Facts

Active ingredients (in each caplet) Purpose
Acetaminophen 500 mg..... Pain reliever
Diphenhydramine HCl 25 mg..... Nighttime sleep aid

Uses Temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings This product contains acetaminophen. Severe liver damage may occur if you take more than 4,000 mg of acetaminophen in 24 hours

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include: rash, skin redness, blisters

Do not use with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.

Ask a doctor before use if you have liver disease, a breathing problem such as emphysema or chronic bronchitis, trouble urinating due to an enlarged prostate gland, glaucoma

Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin, taking sedatives or tranquilizers

When using this product avoid alcoholic drinks, drowsiness will occur, do not drive a motor vehicle or operate machinery

Drug Facts (continued)

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks, insomnia may be a symptom of serious underlying medical illness.

Other information pain gets worse or lasts more than 10 days, fever gets worse or lasts more than 3 days, redness or swelling is present, new symptoms occur. These could be signs of a serious condition.

Directions do not take more than directed (see overdose warning), adults and children 12 years and over: take 2 caplets at bedtime, do not take more than 2 caplets of this product in 24 hours, children under 12 years: do not use

Other information store between 20-25°C (68-77°F) in a dry place, retain carton for complete product information

Inactive ingredients colloidal silicon dioxide, copovidone, croscarmellose sodium, FD&C Blue #1, hypromellose, lactose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polydioxane, pregelatinized starch, sodium starch glycolate, stearic acid, titanium dioxide



COMPARE TO EXTRA STRENGTH
TYLENOL® PM ACTIVE INGREDIENTS*

EXTRA STRENGTH NIGHTTIME

Pain Relief PM

ACETAMINOPHEN 500 mg/DIPHENHYDRAMINE HCl 25 mg
PAIN RELIEVER + NIGHTTIME SLEEP AID
Non-Habit Forming

100 CAPLETS

For Adults

actual size



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QUALITY GUARANTEED
Your total satisfaction is guaranteed.
This TopCare® product is laboratory tested to guarantee its highest quality.
Healthcare, distributor of Extra Strength Tylenol® PM.
This product is not manufactured or distributed by McNeil Consumer HealthCare, distributor of Extra Strength Tylenol® PM.
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QUESTIONS? 1-888-423-0139
Scan here for more information or call 1-888-423-0139

PAIN RELIEF PM EXTRA STRENGTH
acetaminophen and diphenhydramine hydrochloride tablet, coated

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:36800-095
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
COPOVIDONE K25-31 (UNII: D9C330MD8B)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
LACTOSE (UNII: J2B2A4N98G)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)	
STARCH, PREGELATINIZED CORN (UNII: O8232NY3SJ)	
SODIUM STARCH GLYCOLATE TYPE A CORN (UNII: AG9B65PV6B)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	blue	Score	no score
Shape	OVAL	Size	17mm
Flavor		Imprint Code	AAA;1031
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:36800-095-03	1 in 1 CARTON	11/30/2012	
1		100 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:36800-095-17	225 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	03/21/2019	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part341	11/30/2012	

