

**LEG CRAMPS REAL RELIEF- magnesia muriatica, magnesia phosphorica, plumbum aceticum, kali phosphoricum, ambra grisea tablet, chewable  
HOMEOLAB USA INC**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**DRUG FACTS**

**ACTIVE INGREDIENTS HPUS**

Magnesia muriatica (Magnesium chloride) 6X

Magnesia phosphorica (Magnesium hydrogen phosphate) 6X

Plumbum metallicum (Lead) 8X

Kali phosphoricum (Dipotassium phosphate) 6X

Ambra grisea (Gray amber) 8X

**PURPOSE**

restless legs, cramps in calves at night

pain and cramps in extremities

pain, cramps and restless legs

fidgety feet

cramps in calves at night

The letters 'HPUS' indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

**USES**

This homeopathic medicine helps relieve symptoms associated with leg cramps:

- pain in legs
- cramps in calves
- restless legs
- fidgety feet
- cramps in legs

**WARNINGS**

**Stop use and ask a doctor** if symptoms worsen or persist for more than 7 days.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.**

**DIRECTIONS**

Chew tablets and let dissolve in mouth.

Do not use more than directed.

Do not take with food.

Repeat 3 times daily and reduce intake with improvement or as directed by a health professional.

Age	Dose
Adults and children 12 years of age and older	2 tablets
Children 2 to 11 years of age	1 tablet

## OTHER INFORMATION

Store at room temperature (68 - 77°F).

Do not use if seal is broken or missing.

## INACTIVE INGREDIENTS

Lactose, magnesium stearate.

## CARTON

**Drug Facts**

**Active Ingredients HPUS:**

Magnesia muricata 6X	restless legs, cramps in calves at night
(Magnesium chloride)	
Magnesia phosphorica 6X	pain and cramps in extremities
(Magnesium hydrogen phosphate)	
Plumbum metallicum 8X (Lead)	pain, cramps and restless legs
Kali phosphoricum 6X (Dipotassium phosphate)	tingly feet
Ambra Grisea 8X (Gray amber)	cramps in calves at night

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**Uses**  
This homeopathic medicine helps relieve symptoms associated with leg cramps:  
■ pain in legs ■ cramps in calves ■ restless legs  
■ fidgety feet ■ cramps in legs

**Warnings**  
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**Inactive Ingredients**  
Lactose, magnesium stearate.

HOMEOPATHIC MEDICINE | PRODUCT OF CANADA

**Safe & Effective**  
Homeopathic Medication

**REAL RELIEF™ Chewable**  
provide a great tasting way to enhance your health and promote wellness natural way. REAL RELIEF tablets work to stimulate body's natural function. provide you with the Real relief you've been looking for.

HOMEOLAB USA  
Unconditional Guarantee

Our first priority is to assist you and your family in maintaining optimum health. That's why we are pharmaceutically formulated using only the highest quality homeopathic ingredients that deliver maximum effectiveness. The HOMEOLAB name is a mark of performance from all our products. We bring you only the best in natural medicine.

The Finest in Homeopathy  
**HOMEOLAB**

3025 de l'Assomption Blvd  
Montreal, QC H1N 2H2 Can  
1-800-404-4666 / www.homeo.ca

**Real Relief**  
Leg Cramps  
Symptom Relief

Helps relieve:

- Leg, Calf & Foot Cramps
- Restless legs
- Pain

Naturally Healthy

Safe & Effective

Homeopathic Medicine

90 CHEWABLE TABLETS

NDC 60512-6026-0

7 81594 14589

## LEG CRAMPS REAL RELIEF

magnesia muriatica, magnesia phosphorica, plumbum aceticum, kali phosphoricum, ambra grisea tablet, chewable

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:60512-6026
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM CHLORIDE (UNII: 02F3473H9O) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CATION	6 [hp_X]
MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CATION	6 [hp_X]

<b>LEAD</b> (UNII: 2P299V784P) (LEAD - UNII:2P299V784P)	LEAD	8 [hp_X]
<b>POTASSIUM PHOSPHATE, DIBASIC</b> (UNII: CI71S98N1Z) (PHOSPHATE ION - UNII:NK08V8K8HR)	PHOSPHATE ION	6 [hp_X]
<b>AMBERGRIS</b> (UNII: XTC0D02P6C) (AMBERGRIS - UNII:XTC0D02P6C)	AMBERGRIS	8 [hp_X]

### Inactive Ingredients

Ingredient Name	Strength
LACTOSE (UNII: J2B2A4N98G)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	

### Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	8mm
<b>Flavor</b>		<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:60512-6026-0	90 in 1 BOTTLE		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		11/21/2012	

**Labeler** - HOMEOLAB USA INC (202032533)

### Establishment

Name	Address	ID/FEI	Business Operations
HOMEOLAB USA INC		202032533	manufacture(60512-6026)

Revised: 11/2012

HOMEOLAB USA INC