# EZ NITE SLEEP- diphenhydramine hcl liquid Safeway, Inc.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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#### **Drug Facts**

### Active ingredient (in each 30 mL)

Diphenhydramine HCI 50 mg

### **Purpose**

Nighttime sleep-aid

#### Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

#### **Warnings**

#### Do not use

- with any other product containing diphenhydramine, even one used on skin
- for children under 12 years of age
- with other drugs that cause drowsiness such as antihistamines, nighttime cold/flu products, and other nighttime sleep-aids

## Ask a doctor before use if you have

- breathing problem such as asthma emphysema or chronic bronchitis
- glaucoma
- heart disease
- trouble urinating due to an enlarged prostate gland

## Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers or any other sleep-aid.

## When using this product

- drowsiness will occur
- avoid alcoholic beverages and other drugs that cause drowsiness
- be careful when driving a motor vehicle or operating machinery

## Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a

symptom of serious underlying medical illness.

#### If pregnant or breast-feeding,

ask a health professional before use.

## Keep out of reach of children.

**Overdose warning:** Taking more than directed can cause serious health problems. in case of overdose, get medical help or contact a Poison Control Center right away (1800-222-1222).

#### **Directions**

- take only one dose per day (24 hours) (see overdose warning)
- mL=milliliter
- measure only with dosing cup provided. Do not use any other dosing device
- keep dosing cup with product
- adults and children 12 years and over
  - one dose=30mL at bedtime if needed, or as directed by a doctor
- children under 12 years do not use

#### Other information

- each 30 mL contains: sodium 23 mg
- store at 20-25°C (68-77°F)
- do not refrigerate
- protect from light

# **Inactive ingredients**

citric acid, ethyl alcohol, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, polyoxyl 40 stearate, propylene glycol, purified water, saccharin sodium, sodium benzoate, citrate dihydrate

### **Questions or comments?**

Call 1-888-723-3929 Monday-Friday 7AM-6PM PST

## **Principal Display Panel**

COMPARE TO ZZZQUIL® active ingredient\*

## Nighttime Sleep Aid

Diphenhydramine HCI 50 mg

- Non-Habit Forming
- Not for treating cold or flu

- 10 % alcohol
- See warnings

Berry Flavor

floz (mL)

Failure to follow these warnings could results in serious consequenses.

# TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL AROUND DOSAGE CUP OR UNDER CAP IS BROKEN OR MISSING.

\*This product is not manufactured or distributed by The Procter & Gamble Company. ZZZQUIL® is a registered trademark of The Proctor & Gamble Company.

DISTRIBUTED BY

BETTER LIVING BRANDS LLC

P.O. BOX 99, PLEASANTON, CA 94566-0009

www.betterlivingbrandsLLC.com

### Package Label



SIGNATURE CARE NightTime Sleep Aid Berry Flavor

#### **EZ NITE SLEEP** diphenhydramine hcl liquid **Product Information Product Type HUMAN OTC DRUG** Item Code (Source) NDC:21130-014 **Route of Administration ORAL Active Ingredient/Active Moiety Ingredient Name Basis of Strength** Strength **DIPHENHYDRAMINE HYDROCHLORIDE** (UNII: TC2D6IAD40) **DIPHENHYDRAMINE** 50 ma (DIPHENHYDRAMINE - UNII:8GTS82S83M) **HYDROCHLORIDE** in 30 mL

Inactive Ingredients				
Ingredient Name	Strength			
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)				
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)				
POLYOXYL 40 STEARATE (UNII: 13A4J4NH9I)				
WATER (UNII: 059QF0KO0R)				
SODIUM BENZOATE (UNII: OJ245FE5EU)				
SACCHARIN SODIUM ANHYDROUS (UNII: I4807BK602)				
TRISODIUM CITRATE DIHYDRATE (UNII: B22547B95K)				
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)				
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)				
FD&C RED NO. 40 (UNII: WZB9127XOA)				
ALCOHOL (UNII: 3K9958V90M)				

Product Characteristics					
Color		Score			
Shape		Size			
Flavor	BERRY	Imprint Code			
Contains					

P	Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date	
1	NDC:21130- 014-12	355 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	06/30/2015		
2	NDC:21130- 014-24	2 in 1 PACKAGE, COMBINATION	06/30/2015		
2		355 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product			
3	NDC:21130- 014-06	177 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	06/30/2015		

Marketing Information					
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date		
OTC monograph final	part341	06/30/2015			

# **Labeler -** Safeway, Inc. (009137209)

Revised: 1/2023 Safeway, Inc.