

**EPSOM SALT- magnesium sulfate granule, for solution**  
**Meijer Distribution, Inc**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Sound Body 602.002/602AA Epsom Salt**

**Active ingredient**

Magnesium sulfate USP (heptahydrate) 100%

**Purpose**

Saline Laxative

**Uses**

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Warnings

**Ask a doctor before use if you have**

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

**Ask a doctor or pharmacist before use if you are**

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor if**

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

**If pregnant or breast-feeding**

ask a health professional before use.

## **Keep out of reach of children**

In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222) immediately.

## **Directions**

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

## **inactive ingredients**

none

## **Other information**

- magnesium content 495 mg per teaspoon (5 grams)

Tamper Evident Packaging:

Caution: this package has been sealed for your protection. Do not use if package is open, torn or mutilated.

Epsom Salt is a trusted remedy that is useful every season of the year

BEAT WINTER BLUES - Simply dissolve two cups of epsom salt in a warm bath to: -  
reduce stiffness and soreness in joints - warm and comfort your muscle aches

A MINERAL SPRING SPA - Springtime is your fresh start to working out after leading to  
overexertion. Just dissolve two cups of epsom salt in warm bath water, settle in, and  
experience the relief and relaxation.

FIRST AID SUMMER SALT - Dissolve two cups of epsom salt per gallon of water to make  
a compress. Apply as wet dressing with towel to:  
relieve stiffness and soreness.

warm and comfort your muscles aches

RELAX INTO AUTUMN - By dissolving two cups of epsom salt in a gallon of warm water,  
you'll be able to:

soak away tiredness and soreness

help soothe away stress

Directions: Dissolve 2 cups of this product per gallon of water. Apply with bandages or  
towelings for 30 minutes up to three times a day, or use as a soak or in a bath. Use  
warm water for best results

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue  
use and consult your physician. Hot or warm soaks should not be used by individuals  
with diabetes except on the advice of a physician.

For external use as a soaking aid for minor sprains and bruises  
Discover the Relaxing Spa-Like Qualities of This Product in Your Bath

Distributed by: Vi: Jon

8515 Page Avenue

St. Louis, MO 63114

V#425040 Item# 602

**principal panel display**

SOUND BODY

Epsom Salt

Magnesium Sulfate U.S.P.

MgSO<sub>4</sub> - 7H<sub>2</sub>O

Saline Laxative

For Relief of Occasional Constipation

Soaking Aid

For Minor Sprains and Bruises

Discover the Relaxing Spa-Like Qualities of This Product in Your Bath

NET WT 4 LB (1.81 kg)

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## Epsom Salt

Magnesium Sulfate U.S.P.  
MgSO<sub>4</sub> · 7H<sub>2</sub>O

**Drug Facts**

**Active ingredient** Magnesium Sulfate USP (heptahydrate) 100% **Purpose**  
Saline Laxative

**Uses**  
■ for relief of occasional constipation (irregularity)  
■ this product generally produces bowel movement in 1/2 to 6 hours

**Warnings**  
**Ask a doctor before use if you have**  
■ kidney disease  
■ a magnesium-restricted diet  
■ abdominal pain, nausea, or vomiting  
■ noticed a sudden change in bowel habits that persists over a period of 2 weeks  
■ already used a laxative for a period longer than 1 week  
**Ask a doctor or pharmacist before use if you are taking any other drug.** Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.  
**Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use.** These could be signs of a serious condition.  
**If pregnant or breast-feeding, ask a health professional before use.** **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**  
■ do not exceed recommended daily dosage  
■ drink a full glass (8 ounces) of liquid with each dose  
■ may be taken as a single daily dose or in divided doses  
■ dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste.

adults and children 12 years and over	2 to 6 level teaspoons (10 to 30 grams) daily
children 6 to under 12 years	1 to 2 level teaspoons (5 to 10 grams) daily
children under 6 years	consult a doctor

**Other information**  
■ magnesium content 485 mg per teaspoon (5 grams)





# Epsom Salt

Magnesium Sulfate U.S.P.  
MgSO<sub>4</sub> · 7H<sub>2</sub>O

Saline Laxative  
For Relief of Occasional  
Constipation

Soaking Aid  
For Minor Sprains  
and Bruises

Discover the Relaxing Spa-Like  
Qualities of This Product  
in Your Bath

NET WT 4 LB (1.81 kg)

*For external use as a soaking aid for minor sprains and bruises.*

**DIRECTIONS:**  
Dissolve 2 cups of epsom salt per gallon of water. Apply in conjunction with bandages or toweling or use in bath. For 30 minutes up to three times a day. For less intensive soak, use 1 or 2 cupfuls in bath. Use with warm water for best results.

**CAUTION:**  
If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.

**KEEP OUT OF REACH OF CHILDREN.** In case of overdose, get medical help or contact a Poison Control Center. (1-800-222-1222) immediately.

Some settling of content may occur during shipment. If caking occurs, tap carton gently to free granules.

L0015360PA

Distributed by: Vi-Jon  
8515 Page Avenue  
St. Louis, MO 63114  
#425040 ITEM#602

<b>EPSOM SALT</b>			
magnesium sulfate granule, for solution			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50594-602
<b>Route of Administration</b>	ORAL, TOPICAL		
<b>Active Ingredient/Active Moiety</b>			
<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>	
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g	
<b>Packaging</b>			
#	Item Code	Package Description	Marketing Start      Marketing End

#	Item Code	Package Description	Date	Date
1	NDC:50594-602-01	1814 g in 1 POUCH; Type 0: Not a Combination Product	07/21/2015	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	07/21/2015	

**Labeler** - Meijer Distribution, Inc (017885351)

**Registrant** - Vi-Jon, LLC (790752542)

## Establishment

Name	Address	ID/FEI	Business Operations
Vi-Jon, LLC		790752542	manufacture(50594-602)

## Establishment

Name	Address	ID/FEI	Business Operations
Vi-Jon, LLC		088520668	manufacture(50594-602)

Revised: 12/2022

Meijer Distribution, Inc