

HEALTHMART MINERAL OIL SINGLE LAXATIVE- mineral oil enema
Strategic Sourcing Services LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

HealthMart® Mineral Oil Enema Single Laxative

Drug Facts

Active ingredient (in each 118 mL delivered dose)

Mineral Oil 100%

Purpose

Lubricant laxative

Use

- for relief of occasional constipation

Warnings

For rectal use only.

Ask a doctor before use if you have

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits lasting more than 2 weeks
- already used a laxative for more than 1 week

Stop use and ask a doctor if you have:

- rectal bleeding
- no bowel movement after use

These symptoms may indicate a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.

Directions

Single daily dosage

Do not use more unless directed by a doctor. See Warnings.

Adults and children 12 years old and over	1 bottle
Children 2 to under 12 years old	1/2 bottle once daily
Children under 2 years	DO NOT USE

Other information

- store at 15 to 30°C (59 to 86°F)
- this product generally produces a bowel movement in 1-5 minutes
- **carton sealed for safety. Do not use if safety seal on top flap of carton is torn or missing.**

Inactive ingredients

none

Questions or comments?

866-323-0107 or www.natureplex.com

Distributed by McKesson

One Post Street, San Francisco, CA 94104

PRINCIPAL DISPLAY PANEL - 133 ml Bottle Carton

NDC 62011-0270-1

Health Mart®
PHARMACY

compare to
Fleet® Mineral Oil
active ingredients*

complete
ready-to-use
enema
mineral oil

lubricant laxative

for relief of occasional
constipation

lubricated tip
sodium free
latex free

4.5 fl oz (133 ml)
single pack



complete
ready-to-use
enema
mineral oil
lubricant laxative

PL31352B
V01

NDC 62011-0270-1



compare to
Fleet® Mineral Oil
active ingredients*

complete
ready-to-use
enema
mineral oil
lubricant laxative

for relief of occasional
constipation



lubricated tip
sodium free
latex free

- ready-to-use
- Protective shield prevents contamination
 - Comfortable, lubricated tip for ease of insertion
 - One-way safety valve controls flow & prevents reflux
 - Easy, soft squeeze bottle



**TAMPER EVIDENT: CARTON SEALED FOR SAFETY.
IF PRINTED SEAL ON BOTTOM OR TOP FLAP
IS BROKEN OR MISSING, DO NOT USE.**

Drug Facts	
Active ingredients (in each 118 mL delivered dose)	Purpose Mineral oil 100%Lubricant laxative
Use ■ for relief of occasional constipation	
Warnings For rectal use only Ask a doctor before use if you have ■ abdominal pain, nausea or vomiting ■ noticed a sudden change in bowel habits that persists over a period of 2 weeks Stop use and ask a doctor if ■ you have rectal bleeding or failure to have a bowel movement after use of a laxative because this may indicate a serious condition ■ you need to use a laxative for more than one week If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)	
Directions Single daily dose	
adults & children 12 years and over	1 bottle
children 2 to under 12 years	1/2 bottle once daily discard unused portion
children under 2 years	DO NOT USE
Other information ■ store at room 15°-30°C (59°-86°F) ■ this product generally produces a bowel movement in 2-15 minutes	
Inactive ingredients none	
Questions or comments? 1-800-633-5463	

How to use this enema:

REMOVE GREEN PROTECTIVE SHIELD BEFORE INSERTING: HOLD BOTTLE UPRIGHT, GRASPING BOTTLE CAP WITH FINGERS. GRASP PROTECTIVE SHIELD WITH OTHER HAND AND PULL GENTLY TO REMOVE



- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel, insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- Do not force the enema tip into rectum as this can cause injury.
- Squeeze bottle until nearly all liquid is gone, it is not necessary to empty the bottle completely, as it contains more liquid than needed.
- Remove enema tip from rectum.
- Retain enema in accordance with doctor's instructions.

Position for using this enema:



- **Left-side position:** lie on left side with knee bent and arms at rest.



- **Knee-chest position:** kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.

4.5 fl oz (133 mL)
single pack

MCKESSON

Distributed by McKesson
One Post Street, San Francisco, CA 94104
Money Back Guarantee
www.healthmart.com/healthmartbrand
Made in USA RC15CTR MCKH-MO-1-12N



*This product is not manufactured or distributed by C.B. Fleet Co., Inc., the distributor of Fleet® Mineral Oil Enema.

LOT NO.

EXP.

HEALTHMART MINERAL OIL SINGLE LAXATIVE

mineral oil enema

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:62011-0270
Route of Administration	RECTAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MINERAL OIL (UNII: T5L8T28FGP) (MINERAL OIL - UNII:T5L8T28FGP)	MINERAL OIL	118 g in 118 mL

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:62011-0270-1	1 in 1 CARTON	05/10/2012	
1		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part334	05/10/2012	

Labeler - Strategic Sourcing Services LLC (116956644)

Establishment

Name	Address	ID/FEI	Business Operations
Natureplex LLC		062808196	MANUFACTURE(62011-0270)

Revised: 1/2020

Strategic Sourcing Services LLC