

**ERGOCALCIFEROL - ergocalciferol capsule**  
**Dispensing Solutions, Inc.**

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**Rx Only**

**DESCRIPTION**

Ergocalciferol Capsules, USP is a synthetic calcium regulator for oral administration.

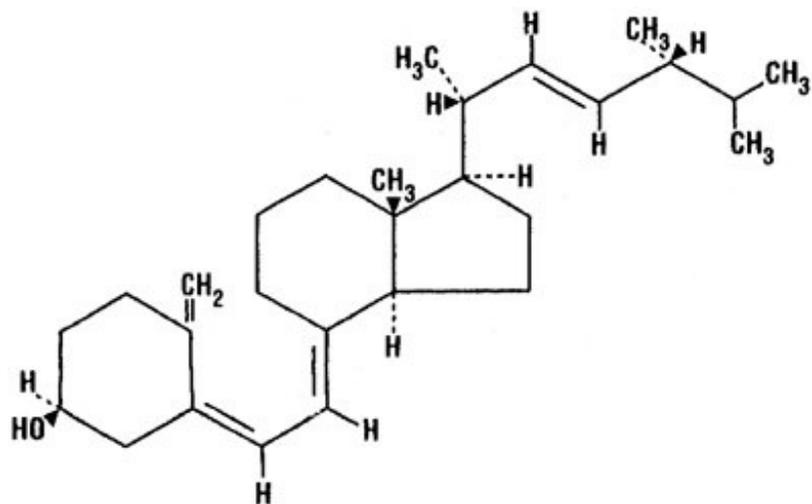
Ergocalciferol is a white, colorless crystal, insoluble in water, soluble in organic solvents, and slightly soluble in vegetable oils. It is affected by air and by light. Ergosterol or provitamin D<sub>2</sub> is found in plants and yeast and has no antirachitic activity.

There are more than 10 substances belonging to a group of steroid compounds, classified as having vitamin D or antirachitic activity.

One USP Unit of vitamin D<sub>2</sub> is equivalent to one International Unit (IU), and 1 mcg of vitamin D<sub>2</sub> is equal to 40 IU.

Each softgel capsule, for oral administration, contains Ergocalciferol, USP 1.25 mg (equivalent to 50,000 USP units of Vitamin D), in an edible vegetable oil.

Ergocalciferol, also called vitamin D<sub>2</sub>, is 9, 10-secoergosta-5, 7,10(19),22-tetraen-3-ol,(3β,5Z,7E,22E)-; (C<sub>28</sub>H<sub>44</sub>O) with a molecular weight of 396.65, and has the following structural formula:



Chemical Structure

Inactive Ingredients: D and C Yellow #10, FD and C Blue #1, Gelatin, Glycerin, Purified Water, Refined Soybean Oil.

**CLINICAL PHARMACOLOGY**

The *in vivo* synthesis of the major biologically active metabolites of vitamin D occurs in two steps. The first hydroxylation of ergocalciferol takes place in the liver (to 25-hydroxyvitamin D) and the second in the kidneys (to 1,25-dihydroxy- vitamin D). Vitamin D metabolites promote the active absorption of calcium and phosphorus by the small intestine, thus elevating serum calcium and phosphate levels

sufficiently to permit bone mineralization. Vitamin D metabolites also mobilize calcium and phosphate from bone and probably increase the reabsorption of calcium and perhaps also of phosphate by the renal tubules.

There is a time lag of 10 to 24 hours between the administration of vitamin D and the initiation of its action in the body due to the necessity of synthesis of the active metabolites in the liver and kidneys. Parathyroid hormone is responsible for the regulation of this metabolism in the kidneys.

## **INDICATIONS AND USAGE**

Ergocalciferol Capsules, USP are indicated for use in the treatment of hypoparathyroidism, refractory rickets, also known as vitamin D resistant rickets, and familial hypophosphatemia.

## **CONTRAINDICATIONS**

Ergocalciferol Capsules, USP are contraindicated in patients with hypercalcemia, malabsorption syndrome, abnormal sensitivity to the toxic effects of vitamin D, and hypervitaminosis D.

## **WARNINGS**

Hypersensitivity to vitamin D may be one etiologic factor in infants with idiopathic hypercalcemia. In these cases vitamin D must be strictly restricted.

Keep out of the reach of children.

## **ADVERSE REACTIONS**

Hypervitaminosis D is characterized by effects on the following organ system:

**Renal:** Impairment of renal function with polyuria, nocturia, polydipsia, hypercalciuria, reversible azotemia, hypertension, nephrocalcinosis, generalized vascular calcification, or irreversible renal insufficiency which may result in death.

**CNS:** Mental retardation.

**Soft Tissues:** Widespread calcification of the soft tissues, including the heart, blood vessels, renal tubules, and lungs.

**Skeletal:** Bone demineralization (osteoporosis) in adults occurs concomitantly.

Decline in the average rate of linear growth and increased mineralization of bones in infants and children (dwarfism), vague aches, stiffness, and weakness.

**Gastrointestinal:** Nausea, anorexia, constipation.

**Metabolic:** Mild acidosis, anemia, weight loss.

## **OVERDOSAGE**

**The effects of administered vitamin D can persist for two or more months after cessation of treatment.**

Hypervitaminosis D is characterized by:

1. Hypercalcemia with anorexia, nausea, weakness, weight loss, vague aches and stiffness, constipation, mental retardation, anemia, and mild acidosis.
2. Impairment of renal function with polyuria, nocturia, polydipsia, hypercalciuria, reversible azotemia, hypertension, nephrocalcinosis, generalized vascular calcification, or irreversible renal insufficiency which may result in death.
3. Widespread calcification of the soft tissues, including the heart, blood vessels, renal tubules, and

lungs. Bone demineralization (osteoporosis) in adults occurs concomitantly.

4. Decline in the average rate of linear growth and increased mineralization of bones in infants and children (dwarfism).

The treatment of hypervitaminosis D with hypercalcemia consists of immediate withdrawal of the vitamin, a low calcium diet, generous intake of fluids, along with symptomatic and supportive treatment. Hypercalcemic crisis with dehydration, stupor, coma, and azotemia requires more vigorous treatment. The first step should be hydration of the patient. Intravenous saline may quickly and significantly increase urinary calcium excretion. A loop diuretic (furosemide or ethacrynic acid) may be given with the saline infusion to further increase renal calcium excretion. Other reported therapeutic measures include dialysis or the administration of citrates, sulfates, phosphates, corticosteroids, EDTA (ethylenediaminetetraacetic acid), and mithramycin via appropriate regimens. With appropriate therapy, recovery is the usual outcome when no permanent damage has occurred. Deaths via renal or cardiovascular failure have been reported.

The LD<sub>50</sub> in animals is unknown. The toxic oral dose of ergocalciferol in the dog is 4 mg/kg.

## **DOSAGE AND ADMINISTRATION**

THE RANGE BETWEEN THERAPEUTIC AND TOXIC DOSES IS NARROW.

**Vitamin D Resistant Rickets:** 12,000 to 500,000 USP units daily.

**Hypoparathyroidism:** 50,000 to 200,000 USP units daily concomitantly with calcium lactate 4 g, six times per day.

DOSAGE MUST BE INDIVIDUALIZED UNDER CLOSE MEDICAL SUPERVISION.

Calcium intake should be adequate. Blood calcium and phosphorus determinations must be made every 2 weeks or more frequently if necessary. X-rays of the bones should be taken every month until condition is corrected and stabilized.

## **HOW SUPPLIED**

Each green, oval softgel capsule is imprinted with A3 and contains 1.25 mg (50,000 USP units vitamin D) of ergocalciferol, USP.

Bottles of 100 Softgel Capsules (NDC 51991-604-01).

Store at 20°–25°C (68°–77°F) [See USP Controlled Room Temperature].

Protect from light and moisture.

Dispense in a tight, light-resistant container as defined in the USP.

Manufactured by: Swiss Caps AG  
Kirchberg, Switzerland

Distributed by: Breckenridge Pharmaceutical, Inc.  
Boca Raton, FL 33487

Rev. 04/09

## **PRINCIPAL DISPLAY PANEL**

BULK SOURCE DATA  
 DIST. BY: BRECKENRIDGE  
 PHARMACEUTICAL, INC.  
 BOCA RATON, FL 33487

PRODUCT ID:  
 GREEN OVAL SOFTGEL  
 CAPSULE IMPRINTED A3

BULK SOURCE NDC: 51991-0604-01  
 MFR. LOT: XXXXXX

PEDIGREE #: 18231387  
 DISPENSE IN THIS  
 TIGHT/LIGHT RESISTANT CONTAINER



TAKE SOFTGEL CAPSULE(S)  
 ORALLY ONCE DAILY OR AS DIRECTED.  
 MAY CAUSE NAUSEA, LOSS OF  
 APPETITE, CONSTIPATION OR  
 WEAKNESS. DO NOT TAKE OTHER  
 SUPPLEMENTS OR VITAMINS UNLESS  
 ORDERED BY YOUR DOCTOR.



## VITAMIN D 1.25 mg\*

XX SOFTGEL CAPSULES

NDC 66336-0907-XX  
 PRODUCT #907-XX

\*EACH SOFTGEL  
 (SOFT GELATIN CAPSULE) CONTAINS:  
 VITAMIN D (ERGOCALCIFEROL) USP . . . . 1.25 mg  
 EQUIVALENT TO 50,000 USP UNITS

Rev. Date: 06/10  
 LOT# SAMPLE EXP: 00-00 Rx # 21795074

**RX ONLY**

WARNING: KEEP OUT OF  
 CHILDREN'S REACH  
 STORE AT 68° - 77° F. SEE USP.

907-XX NDC 66336-0907-XX  
 VITAMIN D 1.25 mg\*  
 XX SOFTGEL CAPSULES  
 LOT # SAMPLE EXP: 00-00  
 MN 51991-0604-01 RX# 21795074

907-XX NDC 66336-0907-XX  
 VITAMIN D 1.25 mg\*  
 XX SOFTGEL CAPSULES  
 LOT # SAMPLE EXP: 00-00  
 MN 51991-0604-01 RX# 21795074

907-XX NDC 66336-0907-XX  
 VITAMIN D 1.25 mg\*  
 XX SOFTGEL CAPSULES  
 LOT # SAMPLE EXP: 00-00  
 MN 51991-0604-01 RX# 21795074



Packaged Exclusively By:  
 DISPENSING SOLUTIONS<sup>inc</sup>  
 Santa Ana, CA 92704

NDC 66336-0907-XX  
 NDC 66336-0907-06  
 NDC 66336-0907-44

## ERGOCALCIFEROL

ergocalciferol capsule

### Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:66336-907(NDC:51991-604)
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
Ergocalciferol (UNII: VS041H42XC) (Ergocalciferol - UNII:VS041H42XC)	Ergocalciferol	1.25 mg

### Inactive Ingredients

Ingredient Name	Strength
D&C Yellow No. 10 (UNII: 35SW5USQ3G)	
FD&C Blue No. 1 (UNII: HBR47K3TBD)	
Gelatin (UNII: 2G86QN327L)	
Glycerin (UNII: PDC6A3C0OX)	
Water (UNII: 059QF0K00R)	
Soybean Oil (UNII: 241ATL177A)	

### Product Characteristics

Color	green	Score	no score
Shape	OVAL	Size	13mm
Flavor		Imprint Code	A3
Contains			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:66336-907-06	6 in 1 BOTTLE		
2	NDC:66336-907-44	4 in 1 BOTTLE		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA040833	08/17/2009	

**Labeler** - Dispensing Solutions, Inc. (066070785)

**Registrant** - PSS World Medical, Inc. (101822682)

**Establishment**

Name	Address	ID/FEI	Business Operations
Dispensing Solutions, Inc.		066070785	relabel, repack

Revised: 2/2012

Dispensing Solutions, Inc.