

**KETTLE NETI POT - sodium bicarbonate, sodium chloride powder, for solution**  
**Cardinal Health 414, LLC**

*Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, [click here](#).*

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**Drug Facts**

Enter section text here Active Ingredients (in each packet)

Sodium Bicarbonate USP 700 mg

Sodium Chloride USP 2300 mg

Purpose

Nasal Wash

Uses

Temporarily relieves symptoms associated with sinusitis, cold, flu or allergies:

-Sneezing

-Nasal Stuffiness

-Runny Nose

-Post nasal drip

Removes inhaled irritants (dust, pollen)

Promotes nasal and sinus drainage

Helps reduce swelling of nasal membranes

Keep out of reach from children

Warnings

Stop use and ask a doctor if washing is uncomfortable or symptoms are not relieved

Directions

Adults and children 4 years and over: use 1-2 packets every 2 hours as needed

Children under 4 years: consult a doctor

Consult Instructions for Use for proper use

When using this product:

Use by only one person

Wash with soap and water after each use

Top rack of dishwasher safe

Do not heat in microwave

Inactive Ingredients

None

Instructions for Use:

Directions: Read through the entire section before using for the first time.

1. Empty the contents of one Saline Sinus Wash packet into the Classic Neti Pot. First-time users should start with 1/2 packet of the dry ingredients. As you become more accustomed to the system, work up to using 1 full packet. Additional packets may be purchased from your nearest pharmacy.

2. Fill the pot halfway or to the middle of the indentation with proper water. This makes 1/2 cup (4 oz) solution.

3. Stir thoroughly until dry ingredients have completely dissolved.

4. Proper head position allows solution to run through the nose by gravity.

Lean over the sink so that the right nostril is directly above the left. The forehead should remain higher than the chin.

Raise the handle of the pot so that the solution enters the right nostril. In a few moments the solution will begin to drain out of the left nostril into the

sink. Do not inhale or "snort" solution into the nose - breathe through the mouth.

5. When the pot is empty, exhale through both nostrils to clear them of excess mucous and solution.

Gently blow your nose into a tissue.

6. Repeat the procedure on the other side.

7. Thoroughly rinse the pot after each use with water that has been sterilized, filtered or previously boiled and leave the pot to air-dry completely.

The Classic Neti Pot is top-rack dishwasher safe.



## KETTLE NETI POT

sodium bicarbonate, sodium chloride powder, for solution

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37205-752
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM BICARBONATE (UNII: 8MDF5V39QO) (BICARBONATE ION - UNII:HN1ZRA3Q20)	SODIUM BICARBONATE	700 mg
SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)	SODIUM CHLORIDE	2300 mg

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37205-752-03	100 in 1 CARTON		
1		1 in 1 PACKET		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		04/01/2013	

**Labeler** - Cardinal Health 414, LLC (097537435)

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Cardinal Health 414, LLC