MILK OF MAGNESIA- magnesium hydroxide liquid
H E B

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

HEB Milk of Magnesia Drug Facts

Active ingredient (in each 15 mL TBSP)

Magnesium hydroxide 1200 mg

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in ½ to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- stomach pain, nausea, or vomiting
- a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

- you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

Directions

- shake well before use

- do not exceed the maximum recommended daily dose in a 24 hour period
- dose may be taken once a day preferably at bedtime, in divided doses, or as directed by a doctor
- drink a full glass (8 oz) of liquid with each dose
- for accurate dosing, use dose cup provided
- TBSP = tablespoonful

adults and children 12 years and older	2 to 4 TBSP.
children 6 to 11 years	1 to 2 TBSP.
children under 6 years	ask a doctor

Other information

- each tablespoon (15 mL) contains: calcium 20 mg, magnesium 595 mg, and sodium 2 mg
- does not meet USP requirements for preservative effectiveness
- store at 20-25ºC (68-77ºF)
- keep tightly closed
- avoid freezing

Inactive ingredients

light mineral oil, peppermint oil, purified water, saccharin sodium

Questions or comments?

1-800-719-9260

Principal Display Panel

Compare to Phillips'® Milk of Magnesia Fresh Mint active ingredient

MILK OF MAGNESIA

Magnesium Hydroxide

Saline Laxative

Comfortable, Cramp Free Relief

Stimulant Free

Sugar Free

Fresh Mint Flavor

GLUTEN FREE

Compare to Phillips'®
Milk of Magnesia Fresh Mint
active ingredient*

NDC 37808-332-40

H-E-B®

MILK OF MAGNESIA

Magnesium Hydroxide

Saline Laxative

- Comfortable, Cramp Free Relief
- Stimulant Free
- Sugar Free

Fresh Mint Flavor

GLUTEN FREE

12 FL OZ (355 mL)

: 33240 1J F4

Drug Facts

DO NOT USE IF PRINTED NECKBAND IS BROKEN OR MISSING.

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*This product is not manufactured or distributed by Bayer HealthCare LLC, distributor of Phillips'® Milk of Magnesia Fresh Mint.

MADE WITH PRIDE & CARE FOR H-E-B
SAN ANTONIO, TX 78204

GUARANTEE

We believe the high quality of this H-E-B product makes it an outstanding value. We hope you'll agree. If not, we'll cheerfully refund your money. Thanks for shopping with us.

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MILK OF MAGNESIA

magnesium hydroxide liquid

Product Information

Product Type	HUMAN OTC DRUG LABEL	**Item Code (Source)**	NDC:37808-332
Route of Administration	ORAL	**DEA Schedule**	

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM HYDROXIDE (MAGNESIUM CATION and HYDROXIDE ION)	MAGNESIUM HYDROXIDE	1200 mg in 15 mL

Inactive Ingredients

Ingredient Name	Strength
LIGHT MINERAL OIL	
PEPPERMINT OIL	
WATER	
SACCHARIN SODIUM	

Product Characteristics

Color	WHITE (opaque)	**Score**	
Shape		**Size**	
Flavor	MINT	**Imprint Code**	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-332-40	355 mL in 1 BOTTLE		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	10/14/1994	

Labeler - H E B (007924756)

Revised: 10/2012 H E B