DRUG FACTS

Active ingredient(s) ***Purpose***

Use(s)

- for relief of occasional constipation (irregularity). This product generally produces a bowel movement within 12 to 72 hours.

Warnings

Do not use

- laxative products for longer than one week unless directed to do so by a doctor
- if you are presently taking mineral oil unless told to do so by a doctor

Ask a doctor before use if you have

Ask a doctor or pharmacist before use if you are

- stomach pain
- nausea
- vomiting
- noticed a sudden change in bowel habits that lasts over 2 weeks

When using this product

Stop use and ask a doctor if

- you have rectal bleeding
- you fail to have a bowel movement after use
  These could be signs of a serious condition.

If pregnant or breast-feeding

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

Adults and children 12 years of age and older:
Take 1 tablet as needed, not to exceed more than 3 tablets daily, or as directed by a doctor.
Children under 12 years of age:
Consult a doctor before use.

Other information

- Each tablet contains: **Calcium 40 mg**
- Each tablet contains: **Sodium 10 mg**
- Store at room temperature.
- Do not use if imprinted safety seal is broken or missing.

Inactive ingredients

Croscarmellose Sodium, Dicalcium Phosphate, Hypromellose, Magnesium Stearate, Microcrystalline Cellulose, Polyethylene Glycol, Pregelatinized Starch, Silica, Sodium Benzoate, Stearic Acid.