

**DRUG FACTS**

Active ingredient(s)

Purpose

Use(s)

- relief of occasional constipation (irregularity). This product generally produces bowel movement within 6 to 12 hours.

Warnings

Do not use

- when abdominal pain, nausea, or vomiting are present
- for longer than 1 week, unless directed by a doctor

Ask a doctor before use if you have

- you notice a sudden change in bowel habits that persists over a period of 2 weeks

Ask a doctor or pharmacist before use if you are

When using this product

Stop use and ask a doctor if

- you have rectal bleeding
- you fail to have a bowel movement after use. These may be signs of a serious condition.

If pregnant or breast-feeding

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

adults and children 12 years of age and older	take 2 tablets once or twice daily with a glass of water
children 6 to under 12 years of age	take 1 tablet once or twice daily with a glass of water
children under 6 years of age	consult a doctor

Other information

- each tablet contains: **calcium 40 mg/ tablet**
- each tablet contains: **magnesium 10 mg/ tablet**
- each tablet contains: **sodium 3 mg/ tablet** VERY LOW SODIUM
- store at 15° - 30° C (59°-86° F)
- keep in a dry place
- do not expose to excessive heat

Inactive ingredients

acacia, anhydrous lactose\*, calcium sulfate anhydrous, carnauba wax, colloidal silicon dioxide, corn starch, croscarmellose sodium, dibasic calcium phosphate dihydrate, FD&C Blue #1 Aluminum Lake, iron oxide, iron oxide Black, iron oxide Yellow, isopropyl alcohol\*, kaolin, Lake Brilliant Blue FCF\*, magnesium stearate, malto dextrin\*, microcrystalline cellulose, Opacode Black S-1-17823\*, Opagloss 6000P\*, polyethylene glycol, povidone, pregelatinized starch, shellac, sodium lauryl sulfate, stearic acid, sugar, talc, tartaric acid\*, titanium dioxide.

\*contains one or more of these ingredients