DRUG FACTS

Active ingredient(s)	*Purpose*

Use(s)

- temporarily relieves cough due to minor throat and bronchial irritation associated with a cold
- temporarily relieves minor aches and pains of muscles and joints

Warnings

For external use only

Do not use

Ask a doctor before use if you have

Ask a doctor or pharmacist before use if you are

- cough that occurs with too much phlegm (mucus)
- chronic cough that lasts or occurs with smoking, asthma, or emphysema

When using this product

- **do not heat**
- **do not microwave**
- **do not add to hot water or any container where heating water. May cause splattering and result in burns.**
- do not take by mouth or place in nostrils
- do not get into eyes
- do not apply to wounds or damaged skin
- do not bandage tightly

Stop use and ask a doctor if

- cough lasts more than 7 days, comes back, or occurs with fever, rash, or headache that lasts. These could be signs of a serious condition.
- muscle aches and pains worsen, persist for more than 7 days, or clear up and occur again within a few days

If pregnant or breast-feeding

Keep out of reach of children

If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- **see important warning under"When using this product"**
- adults and children 2 years and over:
- rub a thick layer on the throat and chest for cough, or rub on sore aching muscles and joints
- cover with a warm, dry cloth if desired
- clothing should be left loose about the throat and chest to help vapors reach the nose and mouth
- use up to 3 times daily, or as directed by a doctor
- children under 2 years: ask a doctor

Other information

Inactive ingredients

cedar leaf oil, nutmeg oil, turpentine oil, thymol, white petrolatum