

## DRUG FACTS

### Active ingredient(s)

### Purpose

### Use(s)

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

### Warnings

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

#### Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age

#### Ask a doctor before use if you have

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

#### Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

#### When using this product

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

#### Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition

#### If pregnant or breast-feeding

#### Keep out of reach of children

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

### Directions

- **do not take more than directed** (see overdose warning)
- adults and children 12 years and over: take 2 gels at bedtime. Do not take more than 2 gels of this product in 24 hours.
- children under 12 years: do not use

### Other information

#### Inactive ingredients

corn starch\*, croscarmellose sodium\*, D&C red #27 aluminum lake, edible black ink, FD&C blue #1 aluminum lake, gelatin, glycerin, hypromellose\*, maltodextrin\*, microcrystalline cellulose\*, polyethylene glycol\*, povidone\*, purified water, silicon dioxide\*, stearic acid, titanium dioxide

\*contains one or more of these ingredients