DRUG FACTS

Purpose Active ingredient(s)

Use(s)

· for relief of occasional constipation

Warnings

For rectal use only

Do not use

Ask a doctor before use if you have

- · abdominal pain, nausea or vomiting
- · notice a sudden change in bowel habits that persists over a period of 2 weeks

Ask a doctor or pharmacist before use if you are

When using this product

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use of a laxative because this may indicate a serious condition
 you need to use a laxative for more than one week

If pregnant or breast-feeding

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

Directions

Single	da	шy	dose	
odulte	8,	ch	ldren	

Shigh daily dosc		
adults & children	1 bottle once daily	
12 years and over		
children 2 to under	1/2 bottle once daily	
12 years		
children under	do not use	
2 years		

How to use this enema:

REMOVE GREEN PROTECTIVE SHIELD BEFORE INSERTING; HOLD BOTTLE UPRIGHT, GRASPING BOTTLE CAP WITH FINGERS. GRASP PROTECTIVE SHIELD WITH OTHER HAND AND PULL GENTLY TO REMOVE.



Positioning:

Left-side position: Lie on left side with knee bent and arms at rest.



Knee-chest position:

Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



Administering enema:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel with seady pressure, gently insert enema up into rectum with a sign side-to-side inovenient, with up pointing toward have. Insertion movement. This helps relax the muscles around the anus.
 Do not force the enema tip into rectum as this can cause injury.
 Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.
 Remove enema tip from rectum.

- Retain enema in accordance with doctor's instructions.

Other information

- store at room temperature 20-25 deg C (68-77 deg F)
 this product generally produces bowel movement in 2-15 minutes

Inactive ingredients

none